



**CITY OF NORTH SALT LAKE
HEALTH AND WELLNESS COMMITTEE
MEETING NOTICE & AGENDA
FEBRUARY 9, 2026
6:30 P.M.**

Notice is given that the Health and Wellness Committee of the City of North Salt Lake will hold a meeting on the above noted date and time in the Council Conference Room on the 2nd Floor of City Hall, 10 East Center Street, North Salt Lake, Utah. Some members may participate electronically.

The following items of business will be discussed; the order of business may be changed as time permits.

AGENDA ITEMS

1. Welcome and Introduction
2. Citizen Comment
3. Approval of Minutes from January 12, 2026
4. Discussion of 2026 Committee Goals and Preparation for Annual Report
5. Report on Get Healthy Utah Conference
6. Discussion on the Committee's Budget and Proposed Expenditures
7. Review Ideas for Newsletter or Social Media
8. Discussion on Feedback from Other Committees
9. City Council Update
10. Committee Member Business
11. Discussion on Future Agenda Items and Schedule Date for Next Meeting
12. Adjourn

Health & Wellness Committee meetings are open to the public. If you need special accommodation to participate in the meeting, please call (801) 335-8709 with at least 24 hours' notice.

Notice of Posting:

I, the duly appointed City Recorder for the City of North Salt Lake, certify that copies of the foregoing agenda were posted on the Utah Public Notice Website: <https://www.utah.gov/pmnl/>, City's Website: <https://nslcity.gov/>, and at City Hall: 10 East Center Street, North Salt Lake.

Date Posted: February 4, 2026

Wendy Page, City Recorder

