



# CITY OF NORTH SALT LAKE

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**HEALTH AND WELLNESS COMMITTEE  
MEETING NOTICE & AGENDA  
AUGUST 11, 2025  
6:30 P.M.**

Notice is given that the City of North Salt Lake's Health and Wellness Committee will hold a meeting on **August 11, 2025 at 6:30 p.m.** The meeting will be held in the Council Conference Room on the 2<sup>nd</sup> Floor of City Hall, 10 East Center Street, North Salt Lake, Utah. Some members may participate electronically.

The following items of business will be discussed; the order of business may be changed as time permits.

**AGENDA ITEMS**

1. Welcome
2. Citizen Comment
3. Approval of Minutes from July 14, 2025
4. Review of the City's Wellness Survey Results
5. Review of Davis County's Community Health Improvement Plan
6. Report on Health and Wellness Fair / Night Out Against Crime Event
7. Review Draft Policy and Criteria for Involvement with Non-City Organizations
8. Davis Continuing Education Update Related to Classes and Vendor Booths at City Events
9. Review Ideas for Newsletter or Social Media
10. Point in Time Count Report
11. Discussion on Feedback from Other Committees
12. City Council Update
13. Committee Member Business
14. Discussion on Future Agenda Items and Schedule Date for Next Meeting
15. Adjourn

**Health & Wellness Committee meetings are open to the public. If you need special accommodation to participate in the meeting, please call (801) 335-8709 with at least 24 hours' notice.**

**Notice of Posting:**

I, the duly appointed City Recorder for the City of North Salt Lake, certify that copies of the agenda for the Health & Wellness Committee meeting to be held **August 11, 2025** were posted on the Utah Public Notice Website: <https://www.utah.gov/pmn/>, City's Website: <https://www.nslcity.org>, and at City Hall: 10 E. Center St. NSL.

Date Posted: August 7, 2025

  
Wendy Page, City Recorder



1 CITY OF NORTH SALT LAKE  
2 HEALTH AND WELLNESS COMMITTEE  
3 CITY HALL-10 EAST CENTER STREET, NORTH SALT LAKE  
4 JULY 14, 2025

5  
6 **DRAFT**  
7

8 Chair Bennett called the meeting to order at 6:30 p.m.  
9

10 PRESENT: Mason Bennett, Chair  
11 Sam Ball  
12 Christine Seamons  
13 Jeff Scroger, Vice Chair  
14 Alisa Van Langeveld, City Council  
15

16 EXCUSED: Nicole Whetstone  
17

18 STAFF PRESENT: Ken Leetham, City Manager.  
19

20 1. CITIZEN COMMENT  
21

22 There were no citizen comments.  
23

24 2. APPROVAL OF MINUTES  
25

26 The Health and Wellness Committee minutes of April 7, 2025 were reviewed and approved.  
27

28 **Committee Member Seamons moved to approve the minutes of April 7, 2025. Committee**  
29 **Member Ball seconded the motion. The motion was approved by Committee Members Ball,**  
30 **Bennett, and Seamons.** Committee Members Scroger and Whetstone were excused or not  
31 present for the vote.  
32

33 Councilmember Van Langeveld arrived at 6:31 p.m.  
34

35 3. REVIEW OF CITY'S WELLNESS SURVEY RESULTS  
36

37 Councilmember Van Langeveld requested that this item be continued to the next Health and  
38 Wellness Committee meeting.  
39

40           4. UPDATE ON DAVIS CONTINUING EDUCATION RELATED TO CLASSES AND  
41           VENDOR BOOTHS AT CITY EVENTS

42  
43 Mason Bennett summarized an email from Nicole Whetstone related to Davis Behavioral Health  
44 regarding the opioid settlement funds which were currently not available for prevention efforts as  
45 well as options for dates related to future prevention community classes in the City.

46  
47 Sam Ball mentioned he was also working on water efficiency related to landscaping, gardening,  
48 and similar classes.

49  
50 Ken Leetham spoke on a City staffed booth at City events and said this had been implemented at  
51 the Kite Festival and two Unity in the Community events. He said overall it was important for  
52 the City to have a presence at major events for public interaction.

53  
54 Jeff Scroger arrived at 6:34 p.m.

55  
56 Sam Ball asked about vendor booths at events. Ken Leetham clarified that vendors signed up for  
57 booths at the car show, Liberty Fest, and other events. He also noted that there were sponsors,  
58 such as Chevron and Lees Marketplace, for some events including Liberty Fest and Arbor Day.

59  
60           5. DISCUSSION ON A COMMUNITY BASED MENTAL HEATH INITIATIVE AND  
61           INVOLVEMENT WITH NON-CITY ORGANIZATIONS

62  
63 Ken Leetham reported on The Healing Initiative with the focus of improving mental health for  
64 women and girls. He shared the four core program elements including nature therapy, art therapy,  
65 mindful movement through yoga, and community training. He continued that the total cost for  
66 the program was \$50,000 for the workshops, training, and a coordinator fee. He said the origin of  
67 this presentation was through a City staff member associated with the organization.

68  
69 Councilmember Van Langeveld spoke on involvement with non-City organizations and  
70 mentioned the organizations Circle USA and Open Doors. She said the Health and Wellness  
71 Committee did not have a budget but could request funding from the City Council to partner with  
72 certain organizations to provide programs. She noted that this would require establishing criteria  
73 to determine which organizations/programs to utilize.

74  
75 Sam Ball was in favor of requesting a budget from the City Council. He said there were grant  
76 programs that the Committee could apply for as well.

77

78 Councilmember Van Langeveld asked about the process in applying for grants that would then be  
79 used to partner with other organizations. Ken Leetham replied that it would depend on the  
80 program. He explained that the Committee could use the grant funds and potentially City funds  
81 to participate in programs. He suggested that in other circumstances to encourage organizations  
82 to apply for grants which would then allow them to come to the City and provide services.

83  
84 Ken Leetham spoke on determining where to spend resources and which needs in the community  
85 to address.

86  
87 Christine Seamons commented that it was important to further vet these organizations, especially  
88 when there was a significant cost, and obtain feedback and more information on how the  
89 program would work in the community. Ken Leetham noted that the City had to cancel several  
90 classes due to low participation in the past and the need to heavily advertise and inform the  
91 public of available services.

92  
93 Sam Ball suggested better utilization of the survey results from the community to determine  
94 which classes to offer or organizations to partner with. Councilmember Van Langeveld was in  
95 agreement and mentioned the community based health initiative through becoming A Bolder  
96 Way Forward City and offering services related to mental health.

97  
98 Sam Ball questioned what a budget might look like. Ken Leetham replied that the City Council  
99 had approved \$800-\$1,000 per Committee. He said the City Council expected the committees to  
100 present well reasoned and fact based proposals related to meeting the needs of residents. He felt  
101 the Council would be open to solutions that would make an impact in the community.

102  
103 Councilmember Van Langeveld spoke on the Open Doors initiative and if this met a community  
104 need. She said they requested help in recruiting volunteers and did not initially request funding.  
105 She did not feel like this Committee was offering that level of volunteer and groundwork. She  
106 was not in favor of the Committee receiving sales pitches as a grant awarding group. She  
107 suggested establishing a review process with criteria for when organizations contacted the  
108 Committee/City.

109  
110 Councilmember Van Langeveld recommended the following criteria:

- 111
- 112 1) Clear identification for a stated need in the City which needed to be addressed (Wellness  
113 Survey)
  - 114 2) Presenting a clear ask from the Committee (money, time, etc.)
  - 115 3) Showing evidence based success

116 4) Setting a deadline to evaluate programs before December 31<sup>st</sup> each year with a review in  
117 January (for Council budget requests)

118  
119 Jeff Scroger suggested an additional condition related to a baseline price threshold and taking  
120 into account potential attendance.

121  
122 Christine Seamons noted that the Committee could host yoga or art classes for less than the cost  
123 of the program.

124  
125 Jeff Scroger reviewed the wellness survey and said residents determined that the City was  
126 lacking in cultural opportunities and environmental quality. He noted that residents also  
127 mentioned connection with nature, physical health, and mental health. He suggested events that  
128 might cover multiple results such as hosting an exercise class in the park.

129  
130 Councilmember Van Langeveld spoke on pre-screening organizations as a Committee. She  
131 requested an agenda item for the October meeting to review of potential partner organizations.  
132 She asked that the Committee begin to compile a list. Ken Leetham commented that he would  
133 prepare a draft policy for the Committee.

134  
135 Councilmember Van Langeveld was excused at 6:49 p.m.

136  
137 6. DISCUSSION ON THE NATIONAL FITNESS CAMPAIGN AND PARTNERSHIP  
138 PROGRAMS AVAILABLE

139  
140 Ken Leetham reported on the National Fitness Campaign and partnership program. He said that  
141 several other cities, including Spanish Fork, were partnering with this company to place outdoor  
142 fitness locations in public parks. He continued that the City would need to provide a location,  
143 cement area, and potentially individuals that could be trained to provide classes. He shared a  
144 video from National Fitness Campaign (NFC) showcasing the different types of equipment that  
145 the City could purchase.

146  
147 Mr. Leetham said if the City wanted to partner with NFC this would include choosing a location,  
148 determining whether to add The Fitness Court Studio option, and then equipment installation. He  
149 mentioned that the City would maintain and repair/replace the equipment as necessary. He  
150 suggested Legacy Park in Foxboro or Hatch Park. He asked for feedback from the Committee.

151  
152 Sam Ball commented that he appreciated how this would help to make fitness accessible to all  
153 residents. He was in favor of pursuing this option in Hatch Park.

154

155 Mason Bennett spoke on the benefit of equipment that did not have a lot of moving parts. He felt  
156 this dedicated community space would help to get people outside and active.

157  
158 Christine Seamons mentioned City liability if children or teenagers were injured on the  
159 equipment. Ken Leetham replied that the City had liability insurance for the playgrounds, etc. He  
160 said there were requirements for soft fall at the playgrounds which may be similar to the  
161 proposed fitness equipment.

162  
163 The Committee also discussed the addition of shade or a covering depending on how well the  
164 equipment was utilized for year round use.

165  
166 Jeff Scroger felt the name and messaging was off putting as it presented itself as a quasi-  
167 governmental entity. He also mentioned liability issues with the equipment. He noted that  
168 maintenance could be a significant cost and referenced the expensive resurfacing of the City's  
169 tennis courts.

170  
171 Ken Leetham said the City's obligation was concrete install, property, and maintenance.

172  
173 The Committee had several questions including:

- 174
- 175 1) How the organization was funded and able to offer the equipment at no cost to cities.
  - 176 2) If there was a cost or paid subscription to utilize the training app
  - 177 3) Increased insurance costs
  - 178 4) Any additional commitments (NFC advertising)
  - 179 5) Long term maintenance costs
  - 180 6) What was needed for the setup including the concrete pad and other surfacing (cost)
  - 181 7) Research any lawsuits (municipalities or NFC)

182  
183 Ken Leetham replied that the concrete pad would cost \$120,000. He commented that he would  
184 reach out to the cities in Utah who had already installed the equipment. He would follow up with  
185 NFC and provide the Committee with answers to these questions.

186  
187 Councilmember Van Langeveld returned to the meeting at 7:40 p.m.

188  
189 7. DISCUSSION ON THE HEALTHY UTAH DESIGNATION APPLICATION DUE  
190 AUGUST 1, 2025

191  
192 Ken Leetham reported that the Healthy Utah Designation required recertification every two  
193 years. He said staff had prepared the application but spoke on the requirement for two additional

194 health strategies to qualify for recertification. He shared several ideas including the creation or  
195 updating of an active transportation plan, trail series events, developing a new or add to a  
196 walking/biking trail, and adding wayfinding signage to trails (providing time and distance for  
197 routes).

198  
199 Mr. Leetham suggested that the Committee review these strategies bi-annually to determine  
200 future projects. He shared strategies or ideas related to the three major categories which were  
201 active living, access to healthy food, and mental health.

202  
203 Jeff Scroger suggested activities that worked in conjunction with items from the Wellness Survey  
204 such as cooking classes at Lee's.

205  
206 Councilmember Van Langeveld mentioned the access to healthy food and that the partnership  
207 with Center of Hope Food Pantry and Youth City Council food distribution may meet the  
208 requirements for that strategy.

209  
210 Ken Leetham concluded that the Committee should review this item again in the fall to  
211 determine strategies associated with any budget requests. He also mentioned setting 2026  
212 Committee goals related to these strategies.

213

#### 214 8. DISCUSSION ON THE HEALTH AND WELLNESS FAIR JULY 31, 2025

215  
216 Jeff Scroger reported that he sent emails to the participants from last year and had not yet  
217 received any responses. He commented that he would reach out to the organizations individually  
218 and also invite the mental health providers who participated in the Juneteenth and Pride Night  
219 events. He clarified that the event would be held on July 31<sup>st</sup> in conjunction with the Night Out  
220 Against Crime event.

221  
222 Ken Leetham mentioned following up with Davis County Health Department and Davis  
223 Behavioral Health.

224  
225 Sam Ball commented that he received some vendor confirmations forwarded from the police  
226 department. He asked about assigning spaces or directing vendor setup.

227  
228 The Committee discussed which vendors were invited and who was confirmed to participate (fire  
229 department, a local hospital, medical organizations), coordinating with the police department,  
230 location (Legacy Park), activities, advertising, and free food.

231

232

233 9. DISCUSSION ON GOALS AND PRIORITIES OF THE COMMITTEE

234  
235 Ken Leetham presented the goals and priorities document for review. He suggested a renewed  
236 focus on the social media postings and specified the air quality item could be shared in the City's  
237 newsletter.

238  
239 The Committee discussed social media posts and the Healthy Utah designation with an emphasis  
240 of setting goals and priorities related to active living, access to healthy food, and mental health.

241  
242 Christine Seamons mentioned determining ways to better utilize the Golf Course clubhouse for  
243 residential use.

244  
245 Ken Leetham spoke on the difficulties the Committee had experienced in finding effective ways  
246 to address some of its goals and determine the main focus. He encouraged the Committee  
247 members to share their ideas.

248  
249 Mason Bennett commented that some of difficulties stemmed from the position that the Health  
250 and Wellness was an advisory board, overlap with other committees, turnover, and a small  
251 budget. Ken Leetham replied that ideas could be presented to the City Council for potential  
252 funding.

253  
254 Ken Leetham asked that any Health and Wellness items be sent to him for inclusion on the  
255 agenda.

256  
257 10. REPORT ON POINT IN TIME COUNT

258  
259 Councilmember Van Langeveld requested that this item be continued to the next Health and  
260 Wellness Committee meeting.

261  
262 11. DISCUSSION ON FEEDBACK FROM OTHER COMMITTEES

263  
264 Mason Bennett commented that he would try to attend the Trails Committee next month. Jeff  
265 Scroger said that he could attend this meeting if necessary.

266  
267 Mason Bennett suggested that the Committee members attend their assigned alternate committee  
268 meeting once or twice per year.

269  
270

271 12. UPDATE ON FEDERAL FUNDS RELATED TO TREATMENT/PREVENTION OF  
272 OPIOID USE

273

274 Ken Leetham said that nationally there was a large settlement related to opioids and every state  
275 received funds to be distributed to each county. He said Chief Black had noted that he was  
276 unaware of any program where Davis County had offered to distribute opioid settlement funds.  
277 He spoke on potential uses for these funds including prevention, education, and treatment but  
278 mentioned that the County and the Health Department had a core function in place to address  
279 this.

280

281 Mason Bennett questioned if there was a location in the City that offered Narcan (Naloxone).  
282 Ken Leetham replied that the police department used to offered this medication and would ask if  
283 this was still the case.

284

285 Sam Ball commented that it may be important for the Committee to be aware of where these  
286 resources were in the County (Health Department, Davis Behavioral Health) to help direct  
287 residents. Ken Leetham replied that staff could research this item.

288

289 13. CITY COUNCIL UPDATE

290

291 Ken Leetham had nothing to report.

292

293 14. COMMITTEE MEMBER BUSINESS

294

295 There was no committee member business discussed.

296

297 15. DISCUSSION ON FUTURE AGENDA ITEMS AND SCHEDULE DATE FOR NEXT  
298 MEETING

299

300 Christine Seamons asked how the Wellness Survey was distributed and how many residents  
301 responded. Ken Leetham replied that 600 responses were received the first year and around 400  
302 responses were received during the second year.

303

304 The Committee discussed having a dedicated Health and Wellness booth and branded signage at  
305 events. They mentioned obtaining resident feedback on goals and priorities at these events as  
306 well. Ken Leetham replied that staff could prepare signage if advanced notice was given.

307

308 The Committee determined the following items would be discussed at the next Health and  
309 Wellness meeting on August 11th:

- 310 • Citizen Comment
- 311 • Approval of Minutes
- 312 • Review of City Wellness Survey Results and Davis County’s Community Health
- 313 Improvement Plan
- 314 • Report on Health and Wellness Fair/Night Out Against Crime event
- 315 • Review draft policy and criteria for involvement with non-City organizations
- 316 • Davis Continuing Education Update (classes, vendor booth at events)
- 317 • Review Ideas for Newsletter or Social Media
- 318 • Point in Time Count report
- 319 • Discussion on feedback from other committees
- 320 • City Council Update
- 321 • Committee Member Business
- 322 • Discussion on Future Agenda Items and Schedule Date for Next Meeting
- 323
- 324 Future Agenda Items (October)
- 325
- 326 • Discussion on Goals and Priorities
- 327 • Review strategies and goals related to Healthy Utah Designation (active living, access to
- 328 healthy food, and mental health)
- 329 • Determine any potential partners/organizations for budgetary requests to the City Council
- 330 • Determine 2026 Committee Goals
- 331 • Review of Committee’s questions/answers related to the National Fitness Campaign
- 332

333 16. ADJOURN

334  
335 The meeting was adjourned at 8:10 p.m.

336  
337 *The foregoing was approved by the Health and Wellness Committee of the City of North Salt*  
338 *Lake on August 11, 2025 by unanimous vote of all members present.*

339  
340  
341 \_\_\_\_\_  
342 *Mason Bennett, Chair*

\_\_\_\_\_

*Wendy Page, City Recorder*

# North Salt Lake Wellbeing Survey Findings 2024

By Dr. Courtney Flint and Team



## Contact Information

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[435-797-8635](tel:435-797-8635)

## Summary

North Salt Lake is one of 51 cities participating in the Utah Wellbeing Survey Project in 2024. This project is designed to assess the wellbeing and local perspectives of city residents and to provide information to city leaders to inform general planning processes. Additional analysis is underway and this report may be updated over time.

We are grateful to all those who took the survey and to our city partners who helped to make this possible. We are grateful to a number of entities for funding: the Utah League of Cities and Towns, USU Extension, USU's Institute for Land Water and Air, the Wasatch Front Regional Council, Utah Department of Transportation, the Utah Agricultural Experiment Station, and the cities of Alpine, Cedar Hills, Draper, Millcreek, Nephi, North Salt Lake, Ogden, Orem, Pleasant Grove, Providence, Springdale, Tremonton, West Bountiful, and West Valley City.

This report describes findings from the 2024 North Salt Lake survey and comparative information with other project cities. In March and April 2024, North Salt Lake City advertised the survey for residents largely through electronic newsletters, social media, and Notify Me. All city residents age 18+ were encouraged to take the online Qualtrics survey.

## How many people responded?

- **439** viable surveys were recorded in this 2024 survey effort.

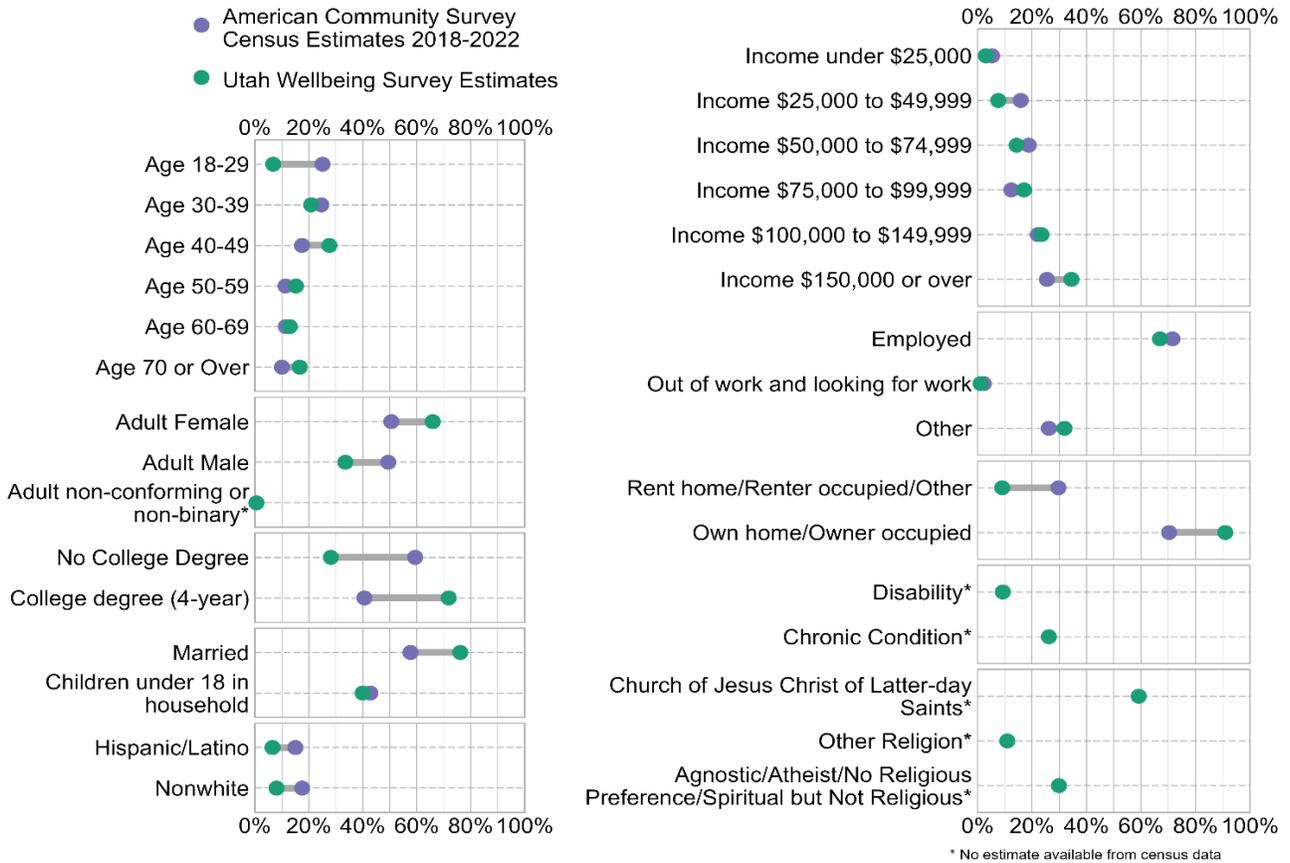
- The North Salt Lake 2023 survey had 605 responses.
- The adult population of North Salt Lake was estimated at 15,600, based on the American Community Survey by the U.S. Census. The 439 survey responses in 2024 represent 2.8% of the adult population and have a conservative margin of error of 4.61%.

## Survey Respondent Characteristics

<b>Resident Statistics</b>		
Full Time Residents of North Salt Lake		98.9%
Part Time Residents of North Salt Lake		1.1%
Length of Residency — Range		0.2-67 years
Length of Residency — Average		13.1 years
Length of Residency — Median		9 years
Length of Residency 5 Years or less		35.0%
<b>ZIP Code</b>		<b>Percent</b>
84010		2.4%
84054		97.6%
<b>City Area</b>		<b>Percent</b>
East (east of Orchard Dr)		38.1%
Midtown (between I-15 and Orchard Dr Area)		19.6%
West (west of I-15, Foxboro)		42.2%

Demographic characteristics of the survey respondents were compared below with U.S. Census information from the 2018-2022 American Community Survey. In the graph below, gray bars indicate differences between the American Community Survey estimates and the Utah Wellbeing Project surveys. The wider the gray bars, the larger the differences. Also note that estimates for religious affiliation, adult non-conforming or non-binary gender, disability, and chronic conditions are unavailable from the census data. There can also be a variable margin of error in the American Community Survey estimates, and caution should be used when comparing estimates. Not all respondents provided demographic information. As the graph shows, 2024 survey respondents were not fully representative of North Salt Lake. People who are adult females, have at least a 4-year college degree, are married, and own their homes were overrepresented while those who are age 18-29, are adult males, do not have a college degree, and are renters were underrepresented.

## North Salt Lake 2024 Demographics

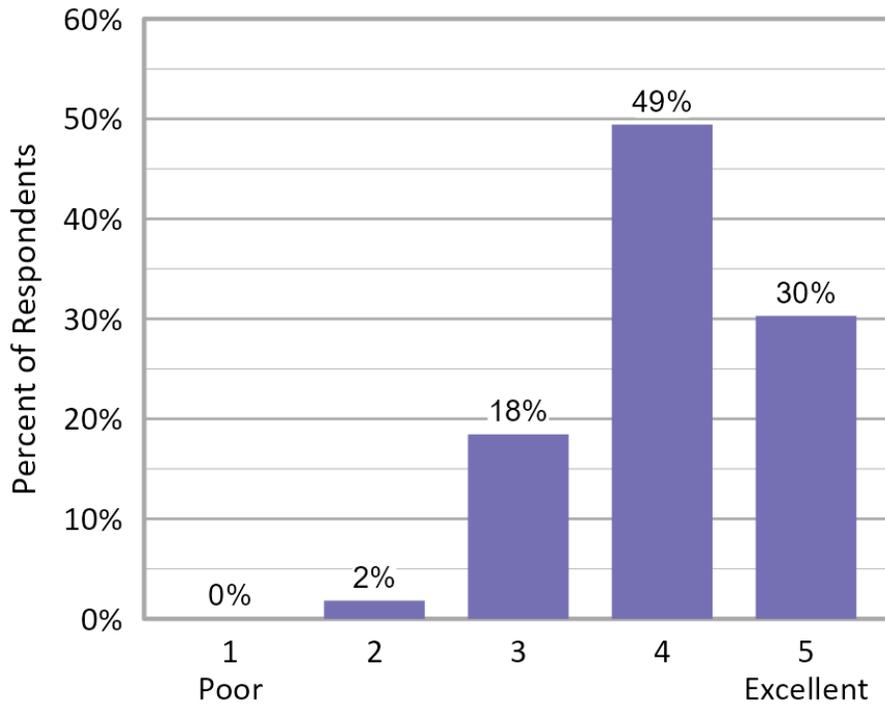


## Overall Personal Wellbeing and Overall Wellbeing in North Salt Lake

Survey participants were asked about their overall personal wellbeing and overall community wellbeing in North Salt Lake. These wellbeing indicators were both measured on a 5-point scale from poor (1) to excellent (5). The **average personal wellbeing score in North Salt Lake was 4.08** with **80%** of respondents indicating their wellbeing at a 4 or 5 on the 5-point scale. The **average score for community wellbeing in North Salt Lake was 3.75** with **64%** of respondents indicating community wellbeing at a 4 or 5 on the 5-point scale. The east section of the city (east of Orchard Dr) had statistically higher scores than the midtown (between I-15 and Orchard Dr area) and west sections of the city (west of I-15, Foxboro) for both overall personal and community wellbeing scores.

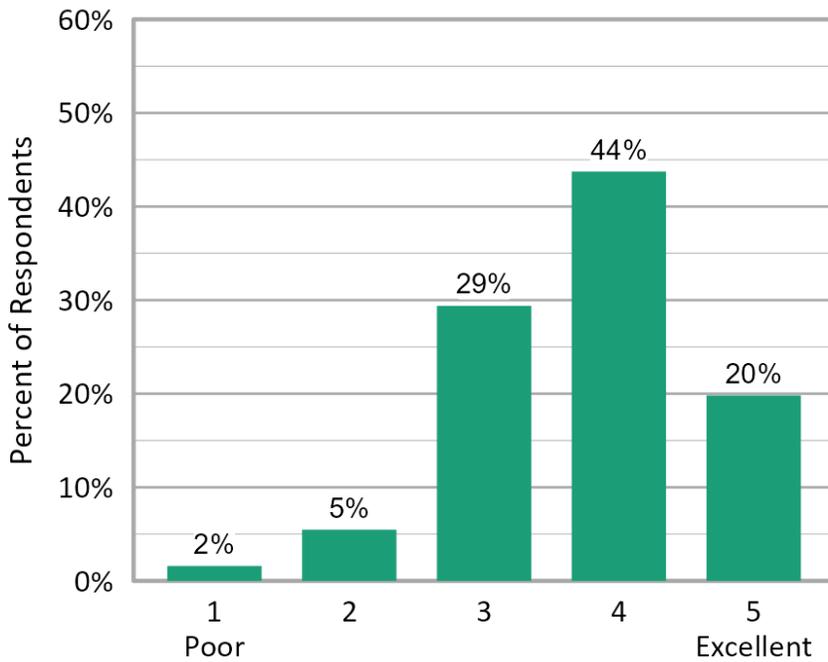
## Personal Wellbeing in North Salt Lake

How would you rate your overall personal wellbeing?



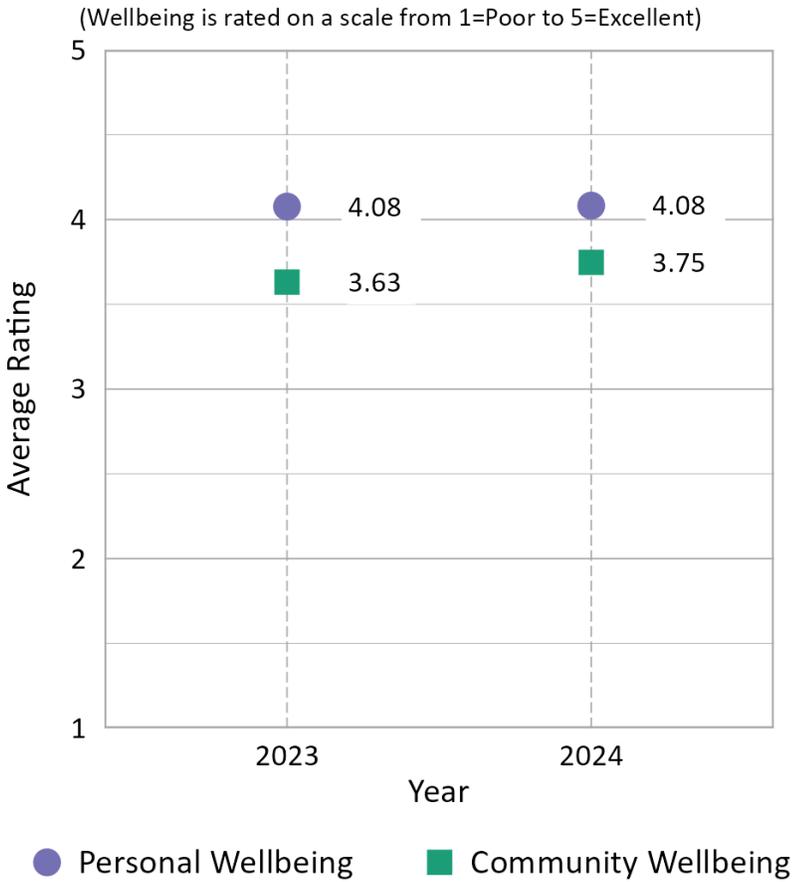
## Community Wellbeing in North Salt Lake

How would you rate overall wellbeing in North Salt Lake?



When comparing survey data from North Salt Lake over the years as shown in the information below, we can see that the average **personal** wellbeing score remained nearly the same between 2023 and 2024. The average **community** wellbeing score improved between 2023 and 2024. Note that the number of respondents differed between years, there is no tracking of individuals from one year to the next, and the low end of the scale was "Poor" in 2024 but "Very Poor" in prior years which may account for differences in scores over time.

### Average Rating of Personal and Community Wellbeing Over Time in North Salt Lake



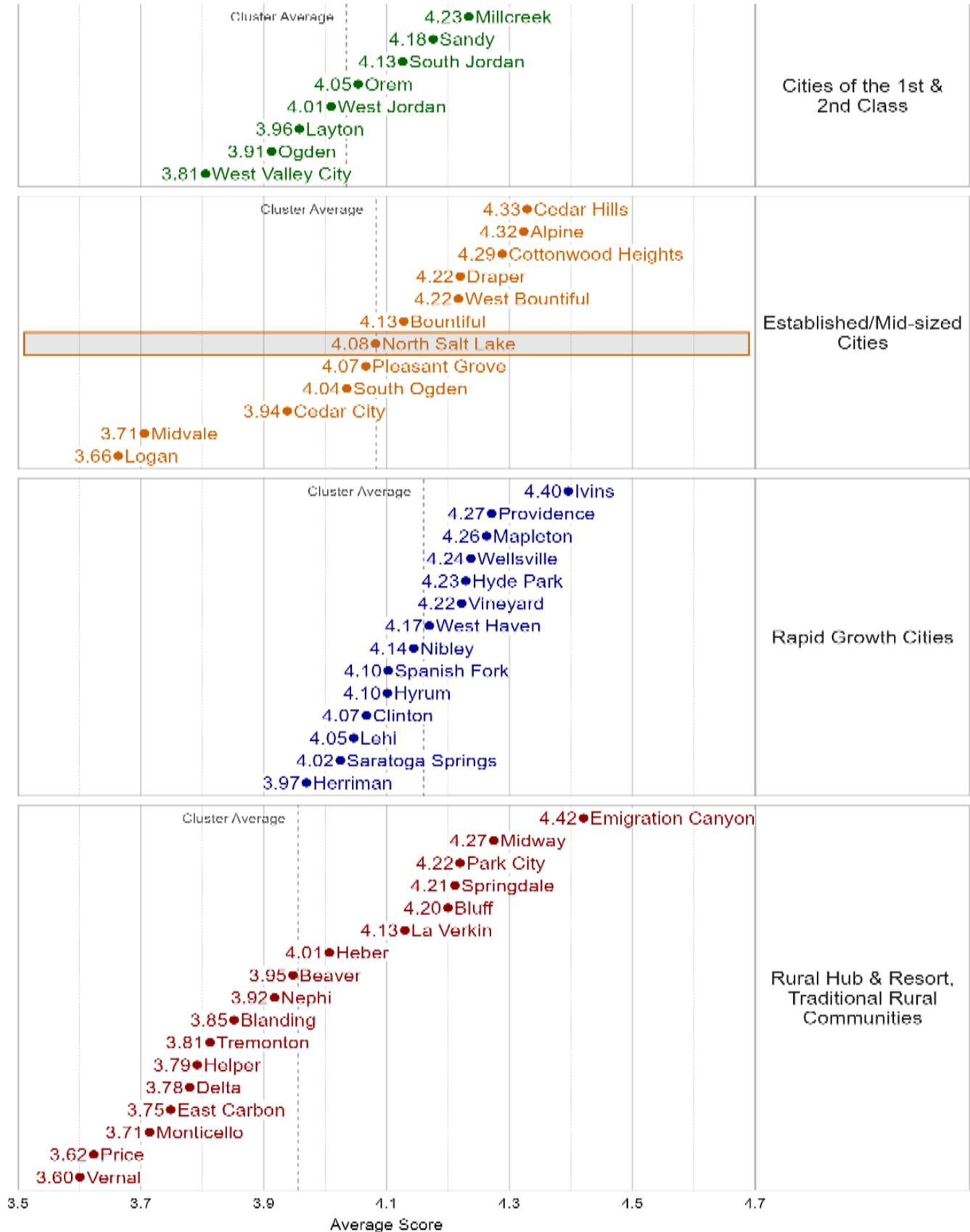
### Comparing Wellbeing Across Utah Cities

The Utah League of Cities and Towns clusters cities and towns into five different categories based on size and growth rates. We utilize these clusters in our analysis. North Salt Lake is classified as an Established/Mid-sized City. Some cities may fit within more than one cluster.

Within the more Urban city cluster, North Salt Lake was **close to** the average overall personal wellbeing score and **close to** the average overall community wellbeing score.

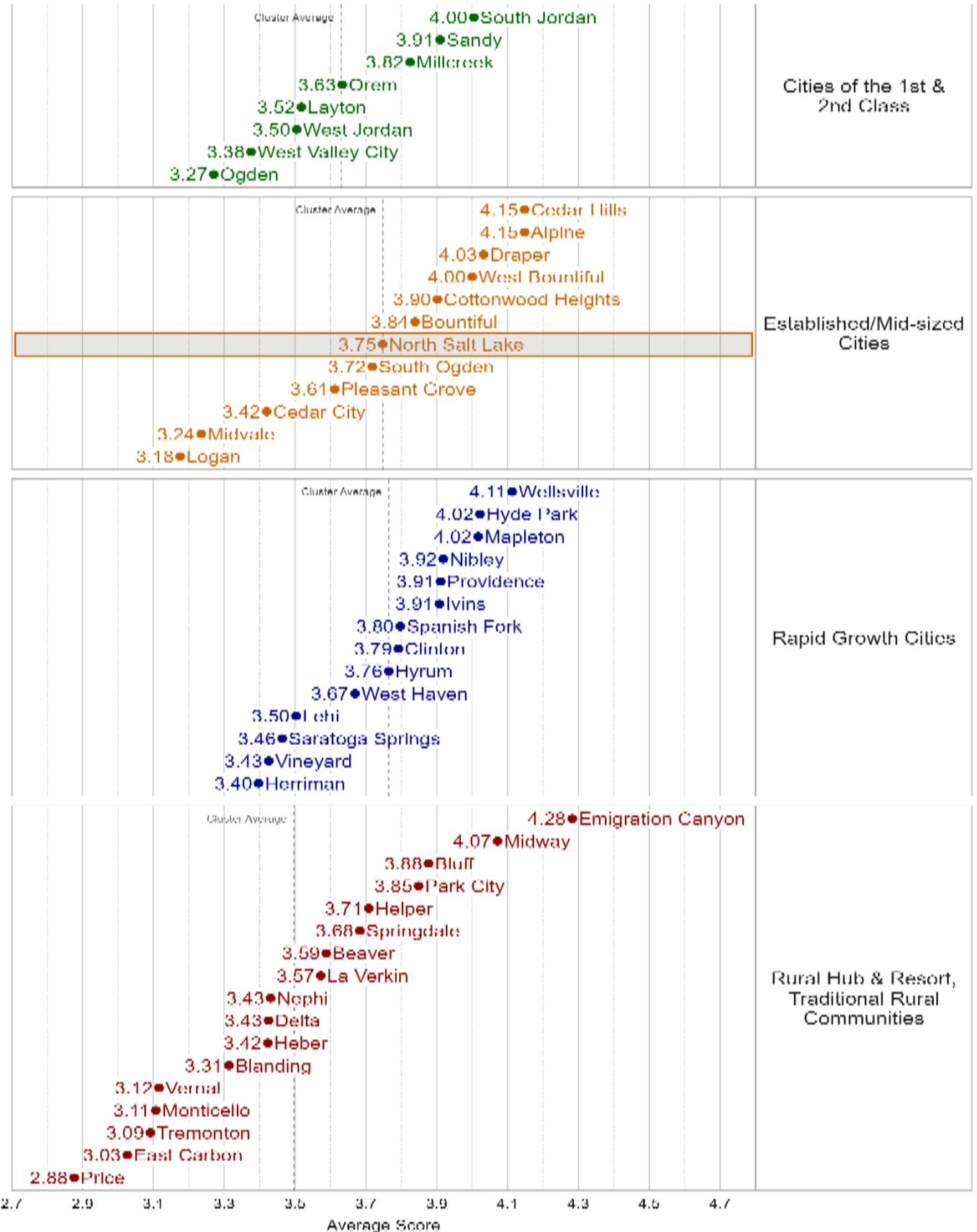
# Overall Personal Wellbeing Scores from Participating Utah Cities (2024)

(On a scale from 1=Poor to 5=Excellent)



## Overall Community Wellbeing Scores from Participating Utah Cities (2024)

(On a scale from 1=Poor to 5=Excellent)

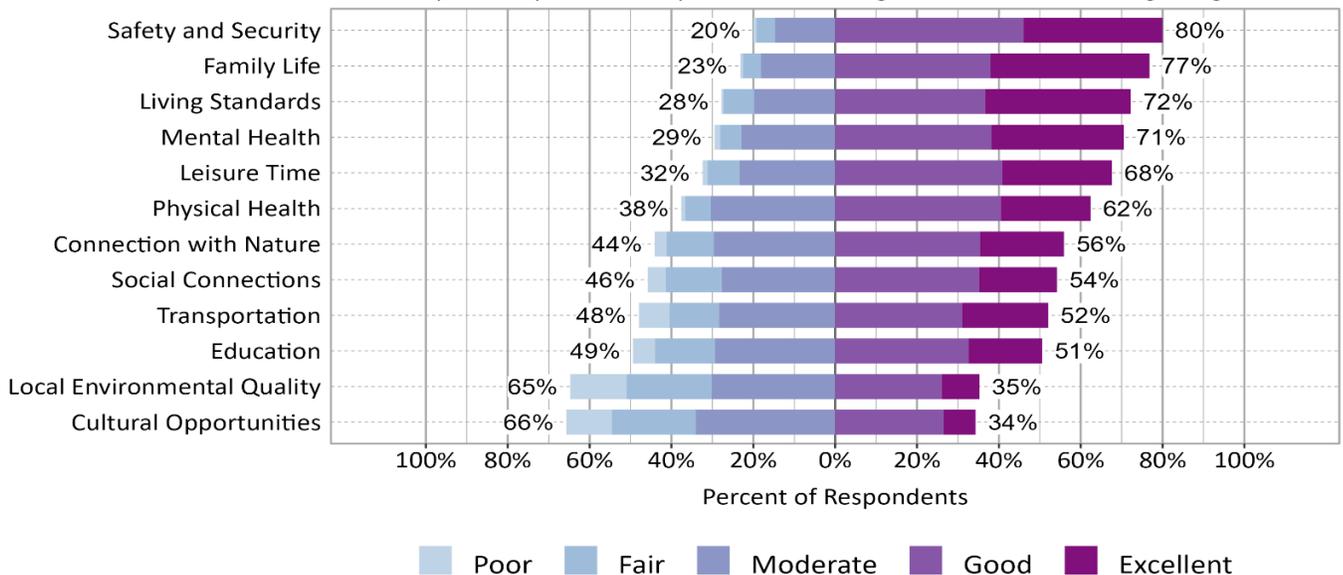


## Wellbeing Domains in North Salt Lake

According to national and international entities that track wellbeing, there are a number of common dimensions or domains of wellbeing. Survey respondents rated twelve domains on a 5-point scale from poor to excellent. They were also asked to indicate the importance of each domain to their overall personal wellbeing on a 5-point scale from not at all important to very important. The highest rated wellbeing domains for respondents in North Salt Lake were **Safety and Security (80%)**, **Family Life (77%)**, **Living Standards (72%)**, and **Mental Health (71%)**. The most important wellbeing domains were **Safety and Security (99%)**, **Mental Health (98%)**, **Living Standards (96%)**, and **Physical Health (96%)**.

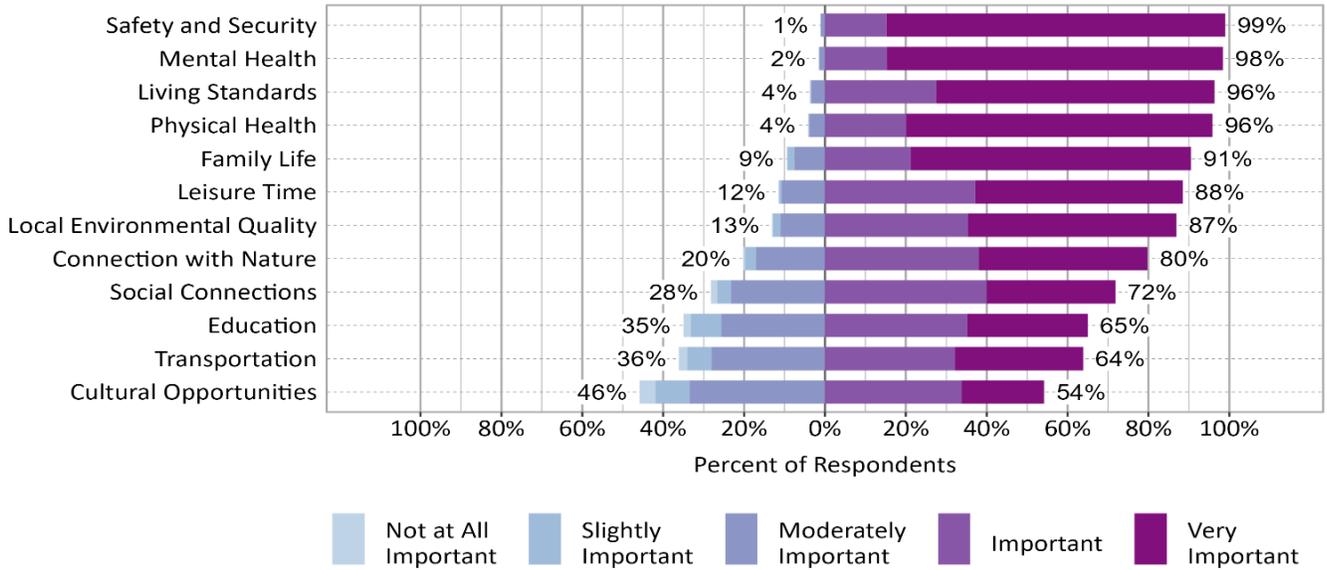
### Wellbeing Domain Ratings in North Salt Lake

How would you rate your level of personal wellbeing in each of the following categories?



## Wellbeing Domain Importance in North Salt Lake

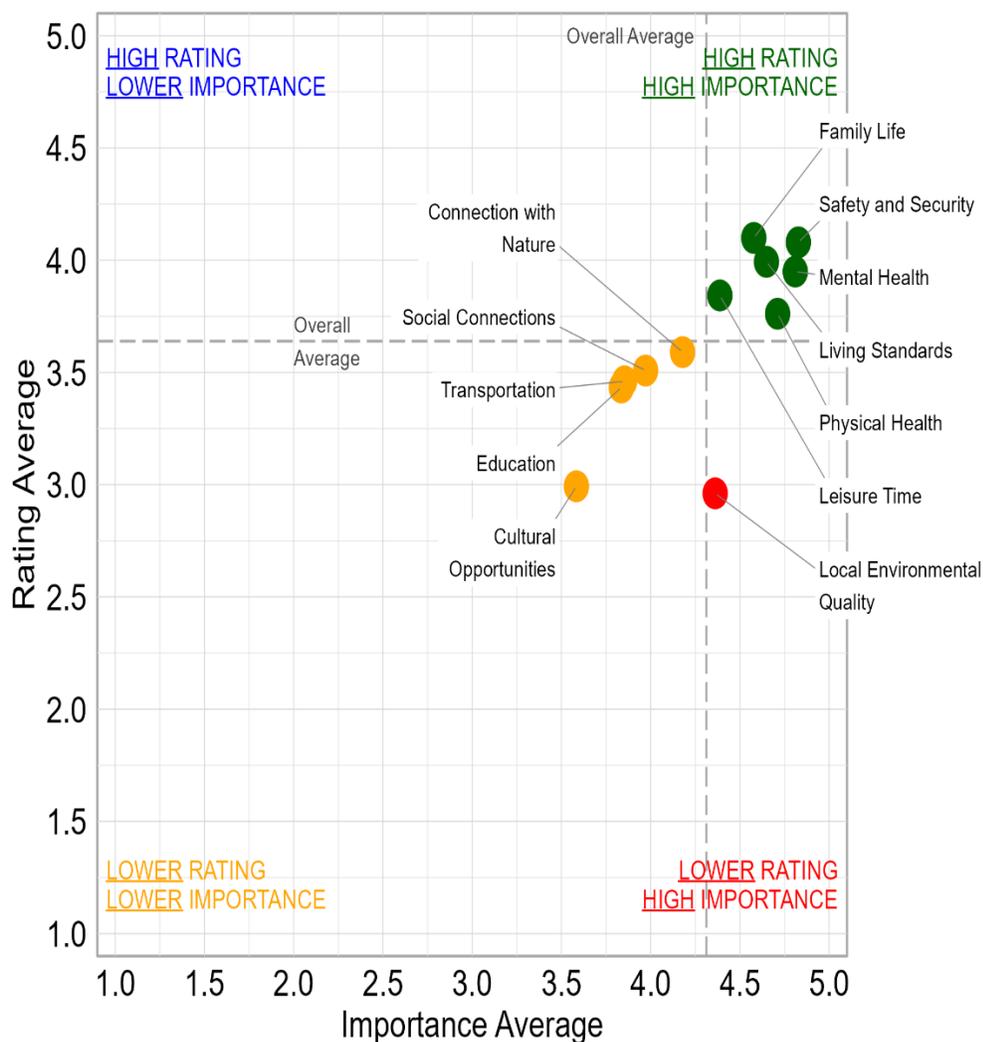
How important are the following categories to your overall personal wellbeing?



## Wellbeing Matrix for North Salt Lake

The graph below illustrates the relationship between the average rating and the average importance of wellbeing domains for survey respondents from North Salt Lake. **Family Life, Leisure Time, Living Standards, Mental Health, Physical Health, and Safety and Security** were highly important and rated above average among the domains. **Local Environmental Quality** fell in the “red zone” of higher importance and lower ratings.

## North Salt Lake Wellbeing Matrix

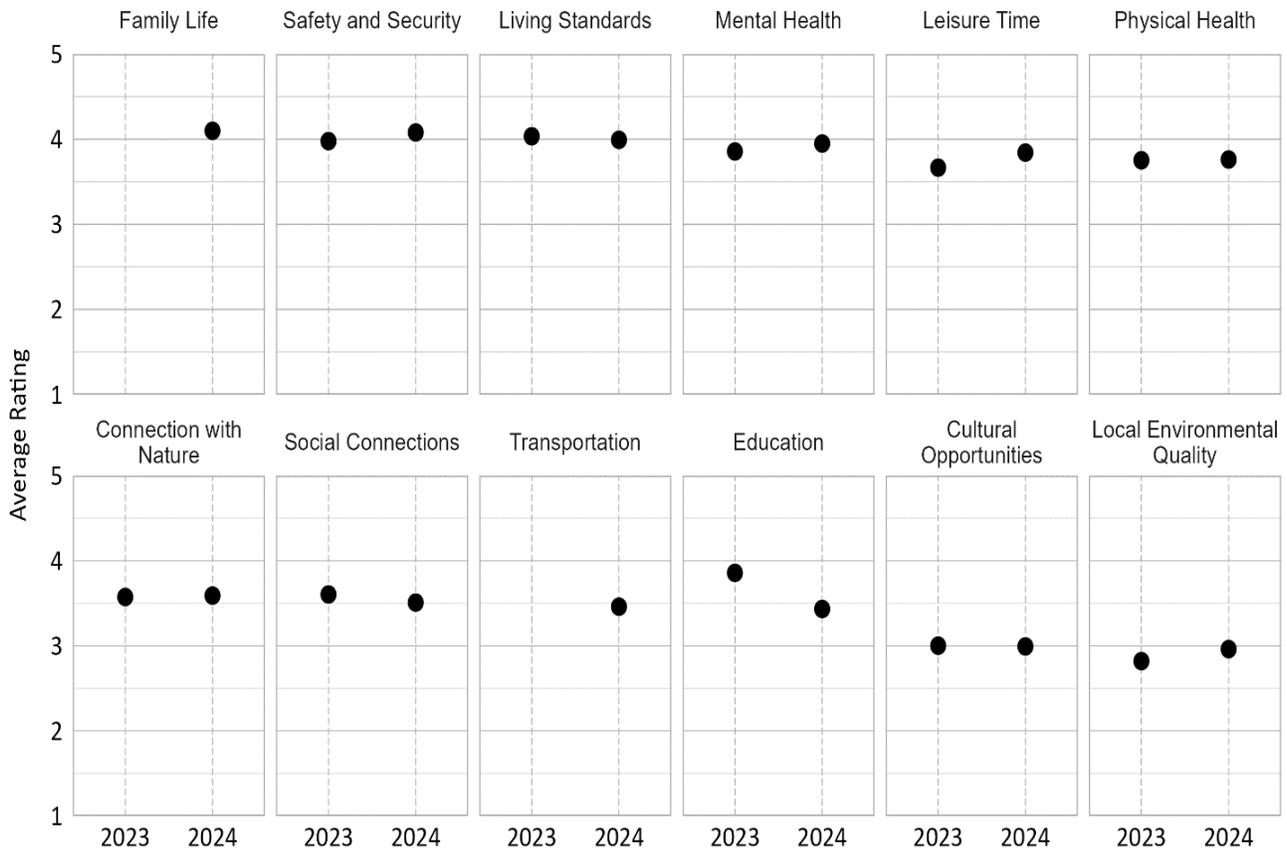


### Wellbeing Domains Over Time in North Salt Lake

The graphs below show how the domains were rated over the years by North Salt Lake residents. The number of respondents changed over time. Note that the two domains Family Life and Transportation were new categories in the 2024 survey and were not measured in previous years. Most domains saw small changes to their overall ratings, except for Education which saw a larger drop in its overall rating.

## Wellbeing Domain Ratings Over Time in North Salt Lake

(Wellbeing is rated on a scale from 1=Poor to 5=Excellent)

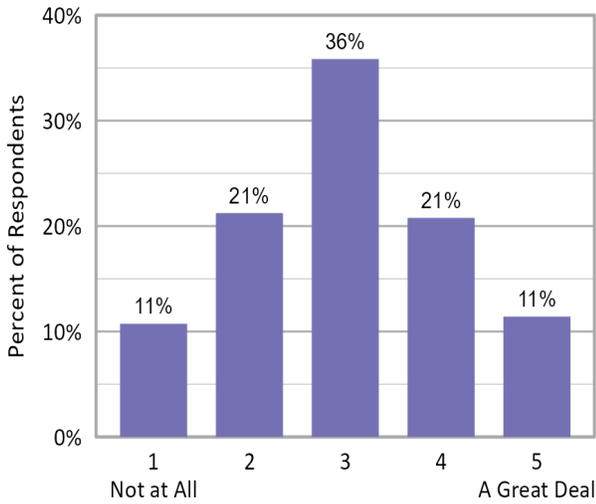


## Community Connection in North Salt Lake

Survey participants were asked about how connected they feel to North Salt Lake on a 5-point scale from not at all (1) to a great deal (5), and the average score of all respondents was **3.01**. The east, west, and midtown sections of the city all had statistically different community connection scores, with the east section having the highest scores and Midtown the lowest scores.

### Community Connection in North Salt Lake

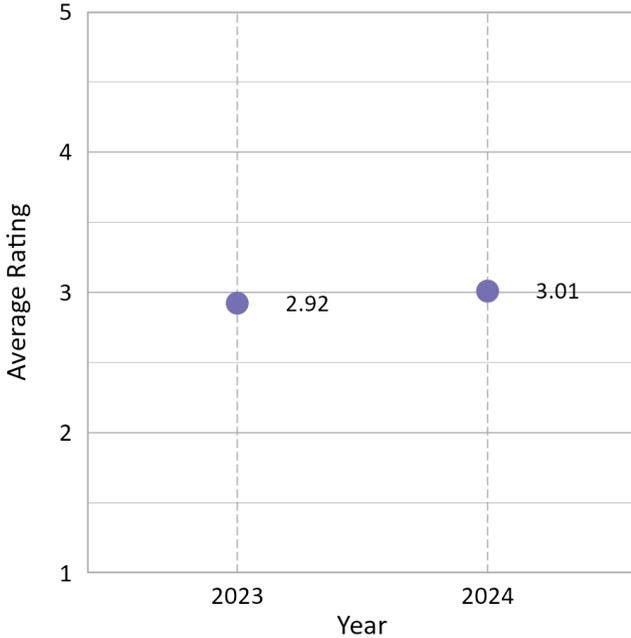
How connected do you feel to North Salt Lake as a community?



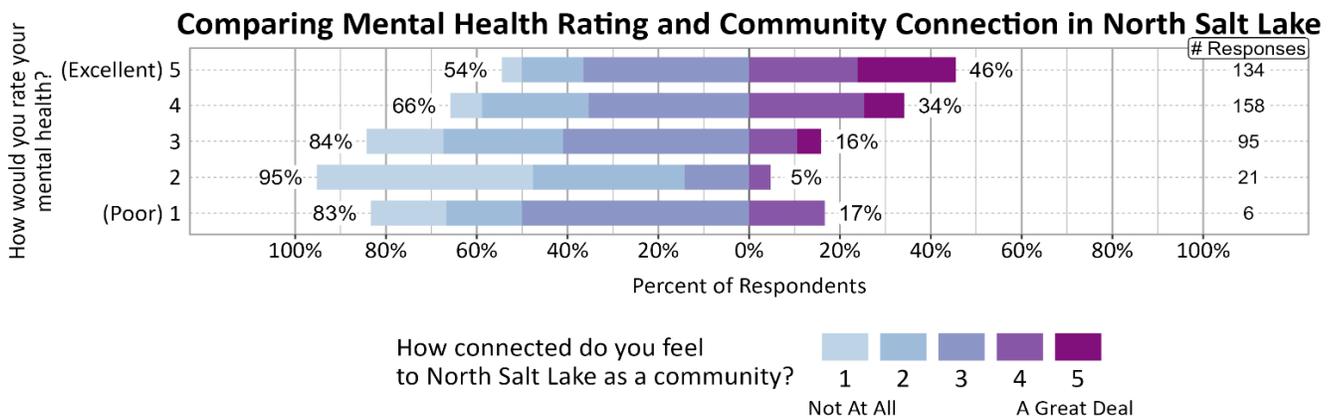
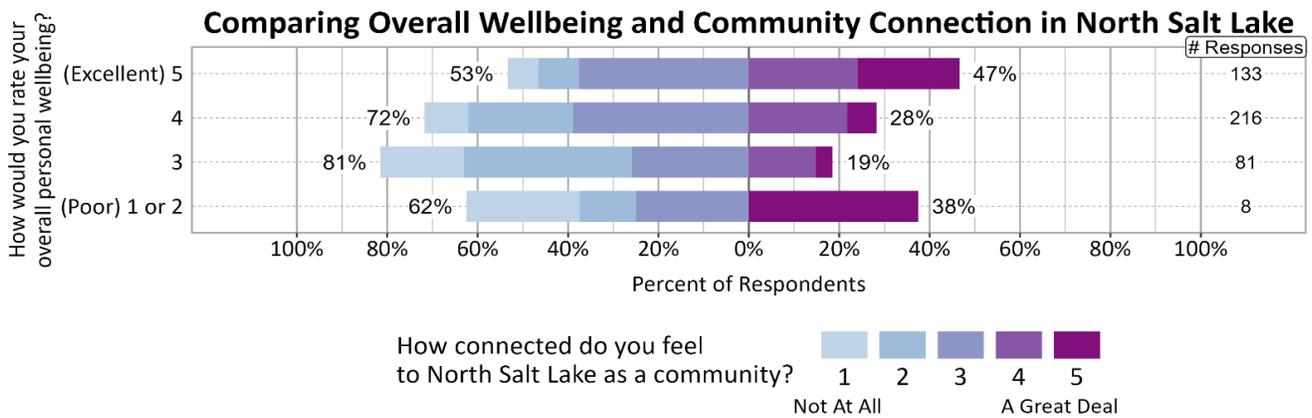
When comparing survey data from North Salt Lake over the years as shown in the information below, we can see that the average community connection score improved between 2023 and 2024.

### Average Rating of Community Connection Over Time in North Salt Lake

(Community Connection is rated on a scale from 1=Not at all to 5=A great deal)

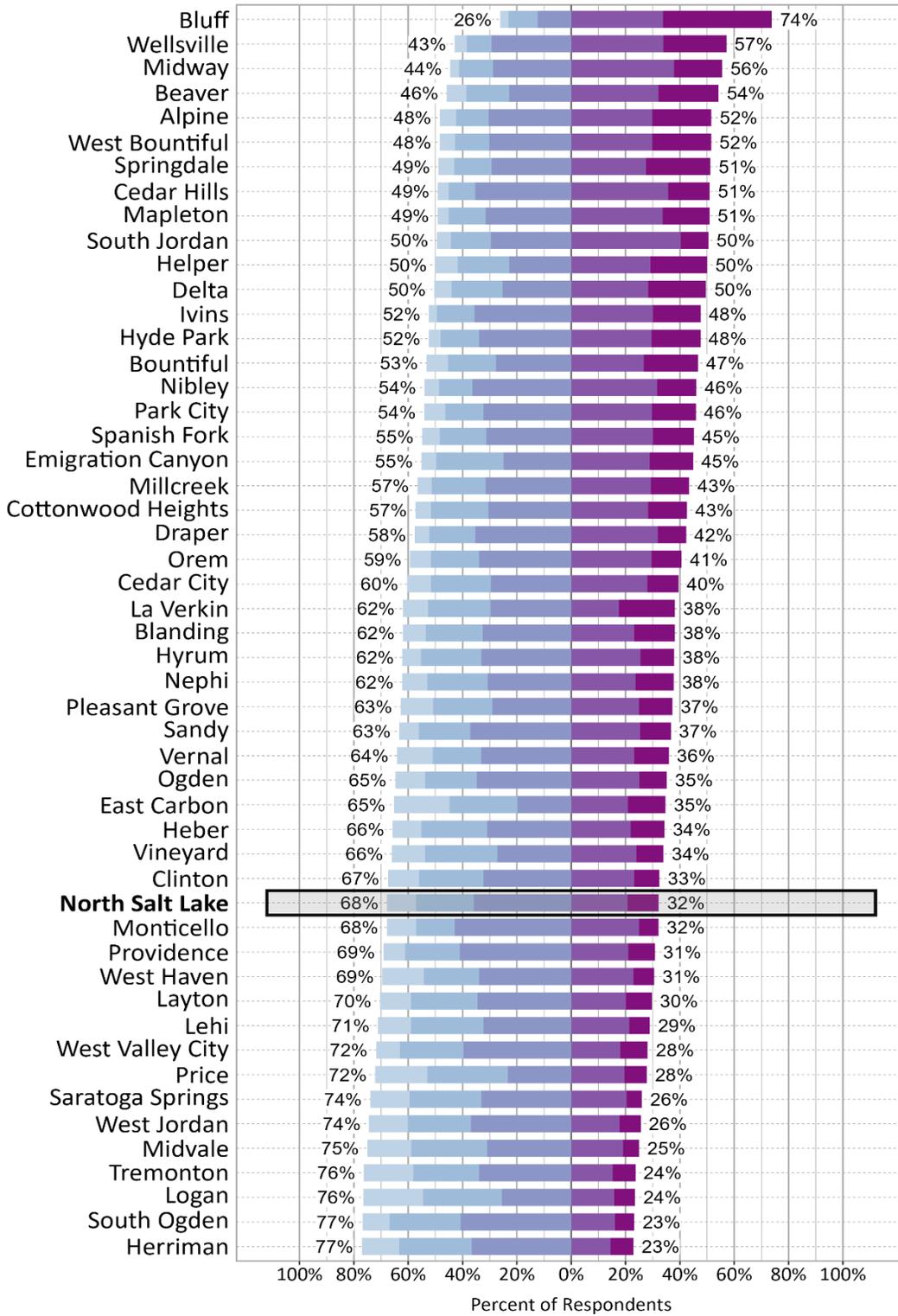


To some extent, a positive relationship was found between individuals' community connection and overall personal wellbeing as well as mental health.



The graph below shows how Wellbeing Project cities and towns compare on feelings of community connection based on the percentage of respondents who answered 4 or a 5 on a 5-point scale from "not at all" to "a great deal" connected to their city or town. **North Salt Lake ranked 37 out of the 51 cities** that participated.

## Comparing Community Connection Across Cities



How connected do you feel to your city as a community?

1 2 3 4 5

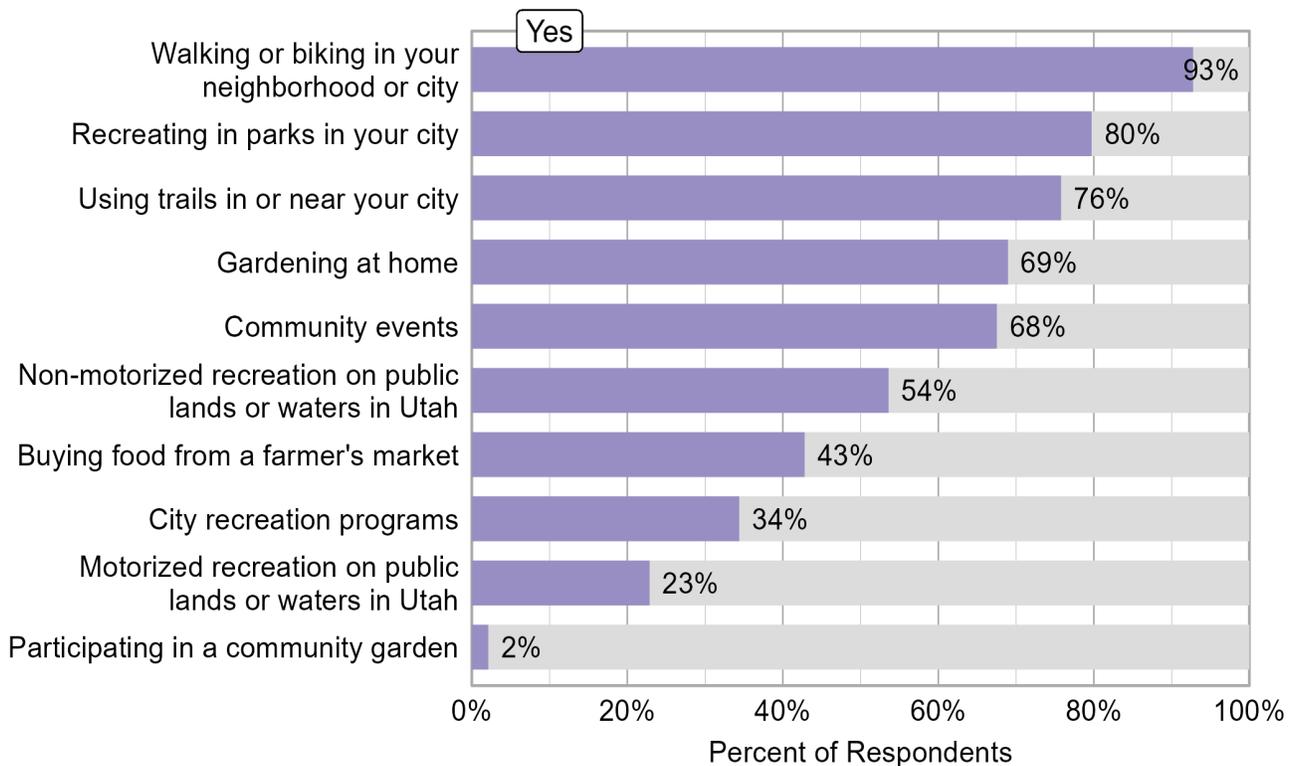
Not At All A Great Deal

## Participation in Recreation and Nature-Related Activities

Respondents were asked to indicate whether or not they participated in various activities in the last 12 months. The most popular activities were **walking or biking in your neighborhood or city (93%)**, **recreating in parks in your city (80%)**, and **using trails in or near your city (76%)**.

### Participation in Recreation and Nature-Based Activities in North Salt Lake

Have you participated in any of the following activities during the past 12 months?



Using trails in or near your city was significantly related to higher ratings of personal wellbeing.

None of the recreation activities above were significantly related to higher ratings of community wellbeing.

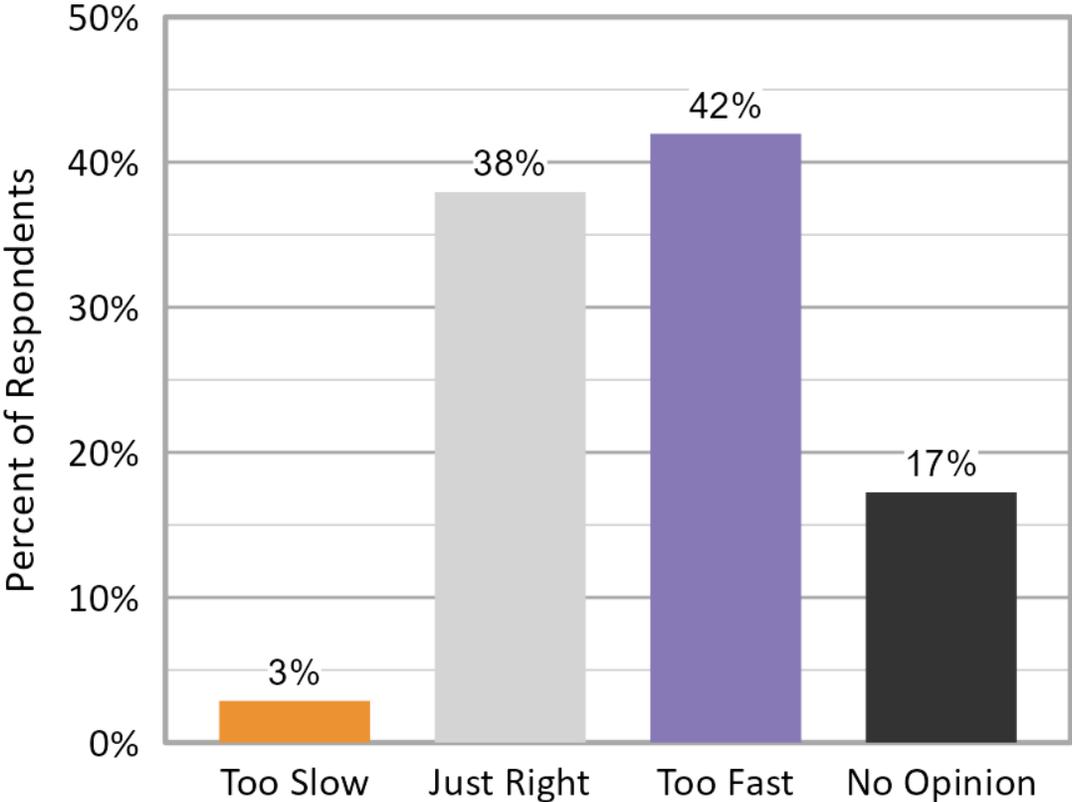
Participating in community events and gardening at home were significantly related to higher ratings of community connection.

# Perspectives on Population Growth and Economic Development

Respondents in North Salt Lake were split between opinions that population growth was too fast (42%) and just right (38%). For the pace of economic development, respondents were split between opinions that it was just right (36%) and too slow (30%).

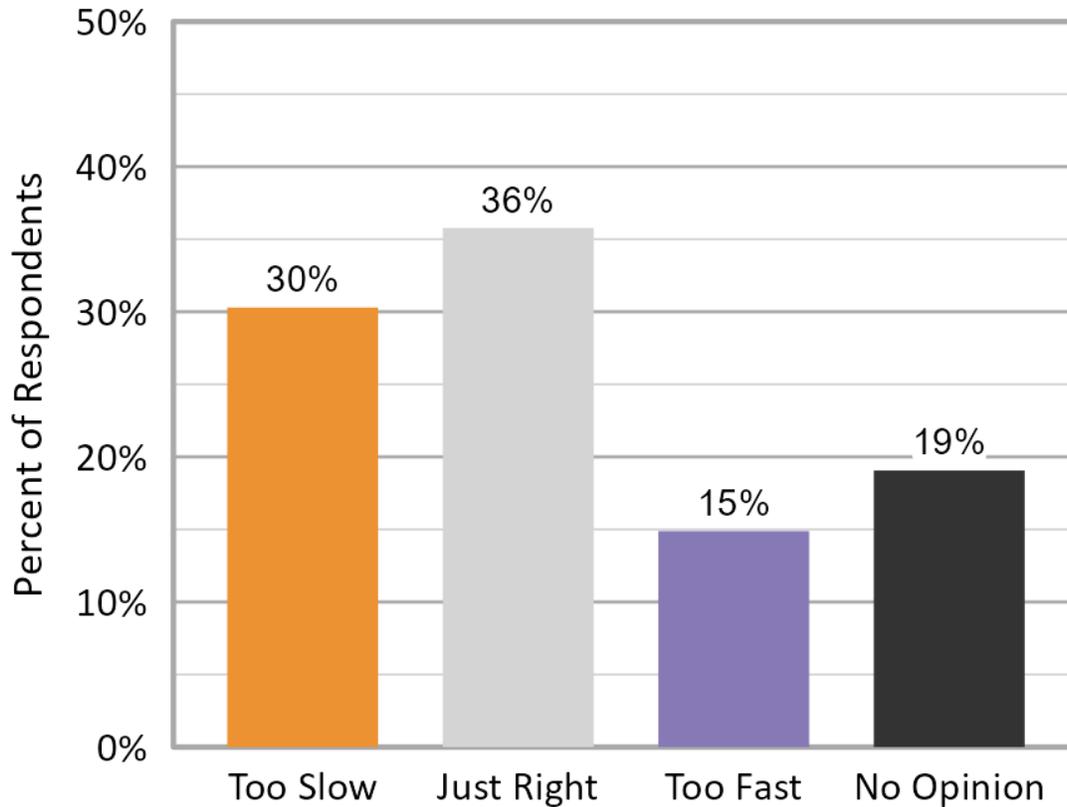
## Population Growth in North Salt Lake

How would you describe the current rate of population growth in North Salt Lake?



## Economic Development in North Salt Lake

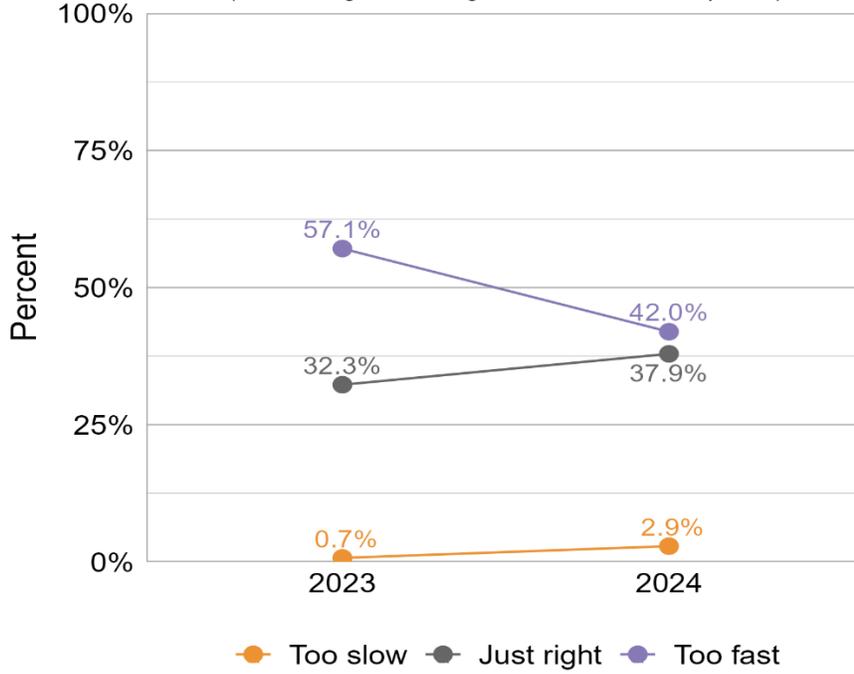
How would you describe the current pace of economic development in North Salt Lake?



The graphs below show how perceptions of population growth and economic development in North Salt Lake have varied across recent years of Wellbeing Surveys. Perception that the rate of population growth is too fast declined from 2023 to 2024, and the perception that the pace of economic development is too fast switched with perceptions that it was too slow from 2023 to 2024.

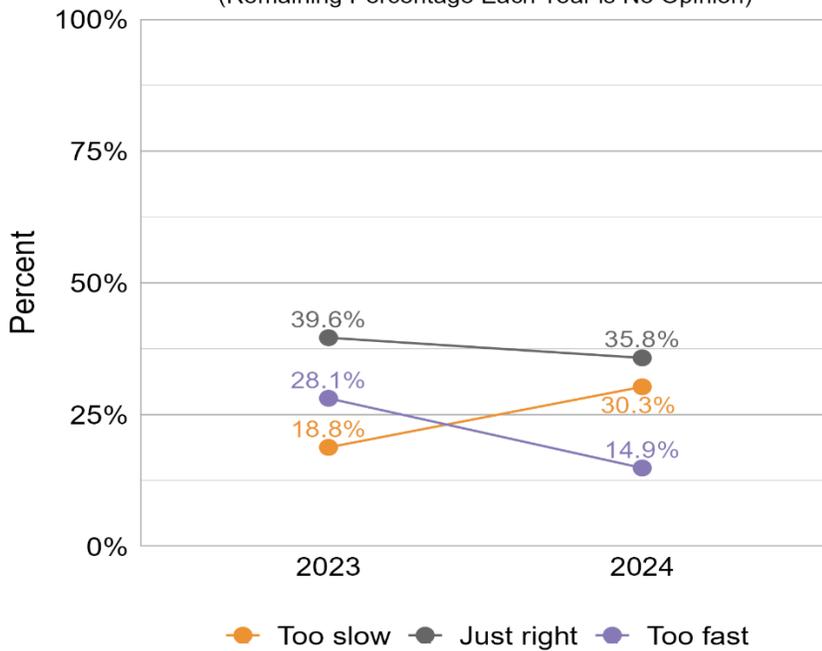
### North Salt Lake Change in Perceptions of Rate of Population Growth

(Remaining Percentage Each Year is No Opinion)



### North Salt Lake Change in Perceptions of Pace of Economic Development

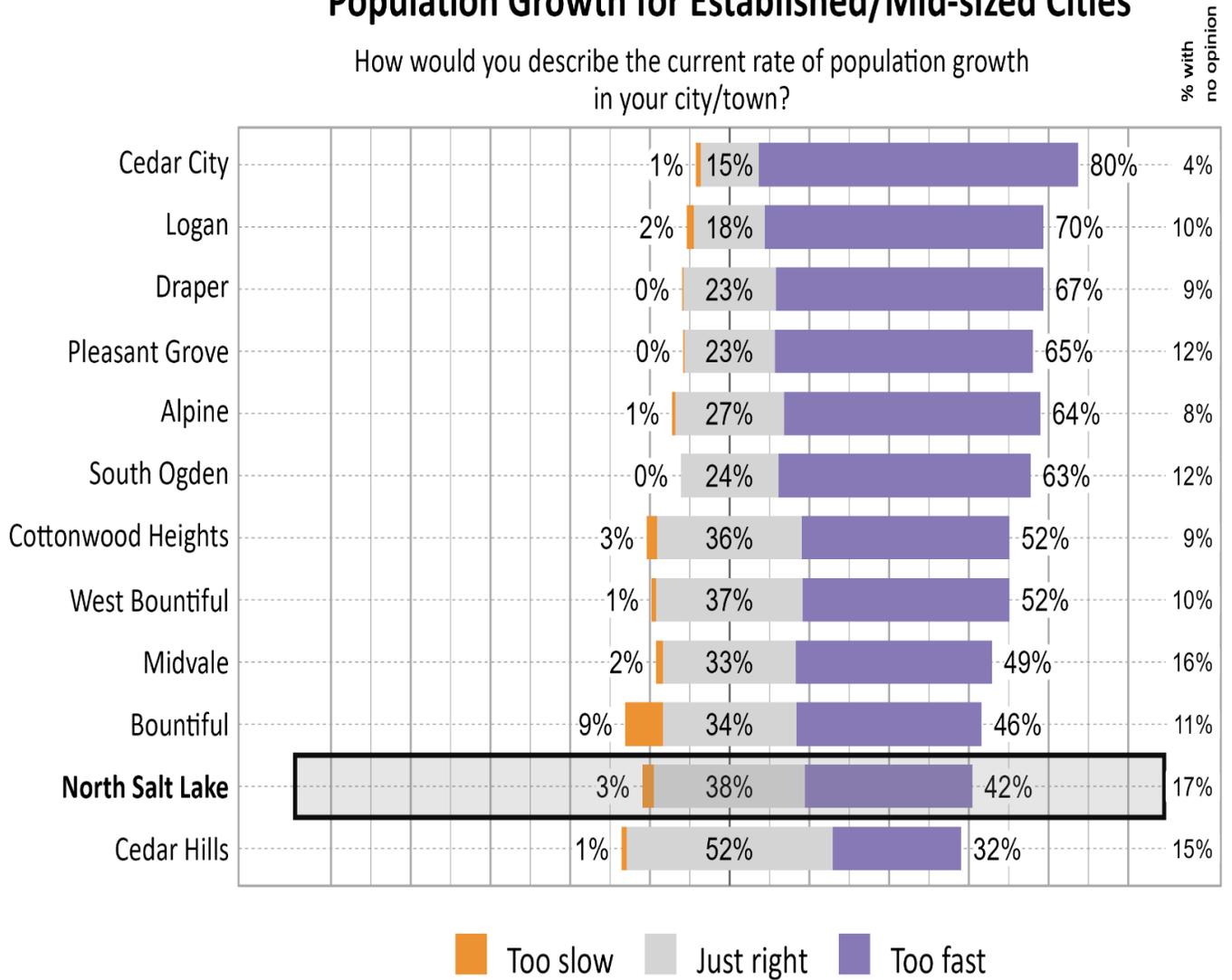
(Remaining Percentage Each Year is No Opinion)



The graphs below show perceptions of population growth and economic development for North Salt Lake compared to other participating cities and towns in the Established/Mid-sized Cities cluster.

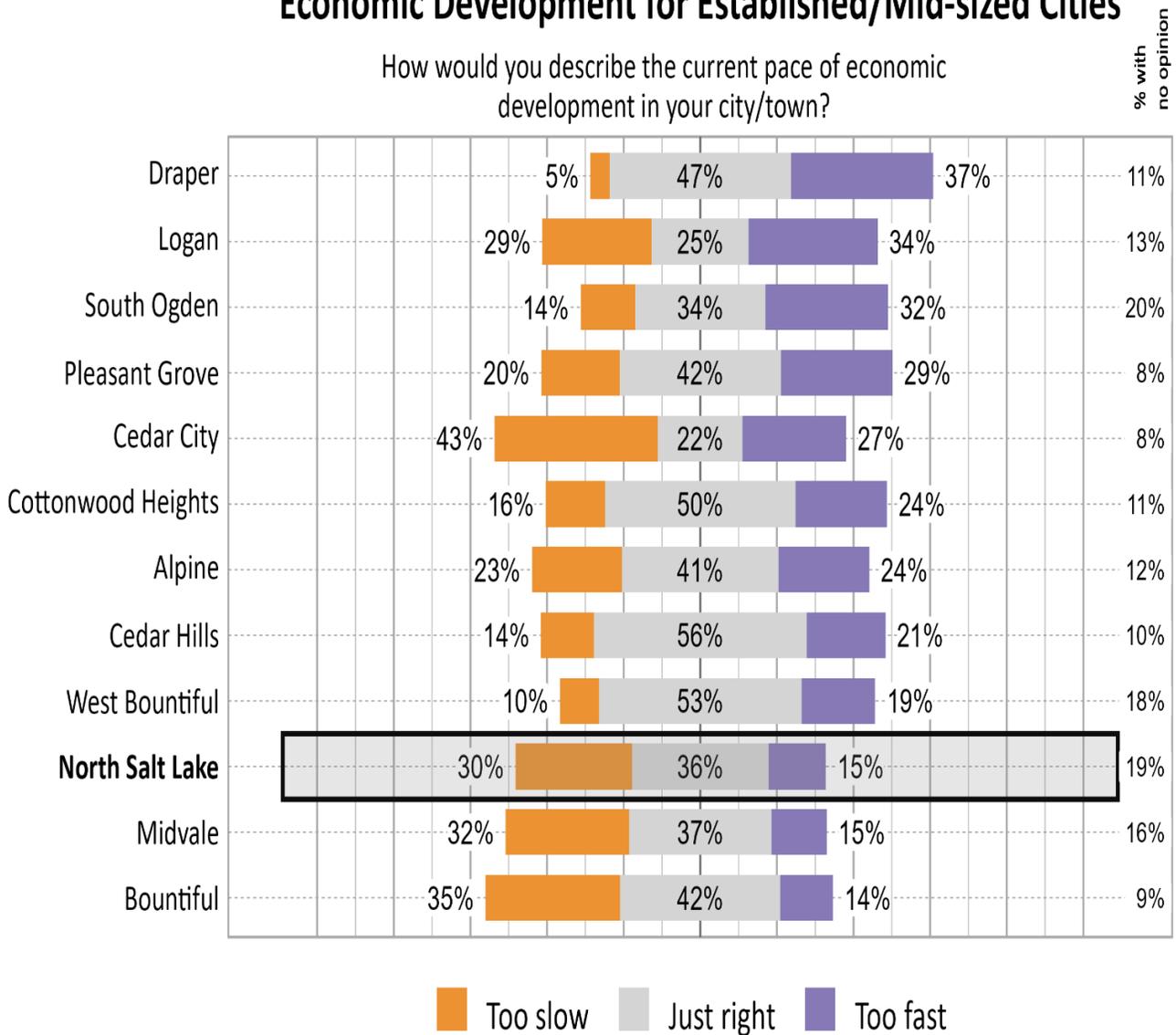
## Population Growth for Established/Mid-sized Cities

How would you describe the current rate of population growth in your city/town?



## Economic Development for Established/Mid-sized Cities

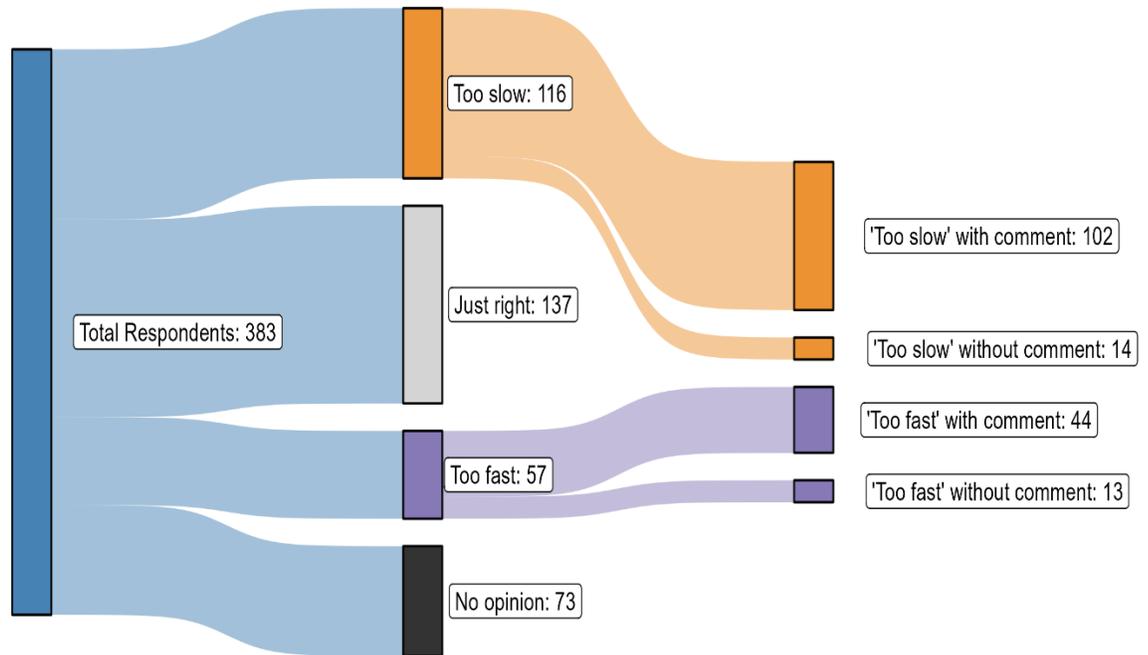
How would you describe the current pace of economic development in your city/town?



The graph below illustrates how many respondents perceived the pace of economic development as too slow, just right, too fast, or had no opinion, with additional breakdowns for the number of respondents who provided comments.

## Perceptions about the Pace of Economic Development in North Salt Lake

How would you describe the current pace of economic development in North Salt Lake?



The 30% of respondents who rated the pace of economic growth as “too slow” were further asked what aspects of the local economy they would like to see more of in North Salt Lake. Many comments asked for increased shopping opportunities and restaurants, especially options that are walkable and east of I-15. Many people commented about the current retail being limited to car dealerships and car related businesses and they would also like to see a revitalization of highway 89. There was also a common request for other services and things to do such as movie theaters, events, gyms, parks, and markets.

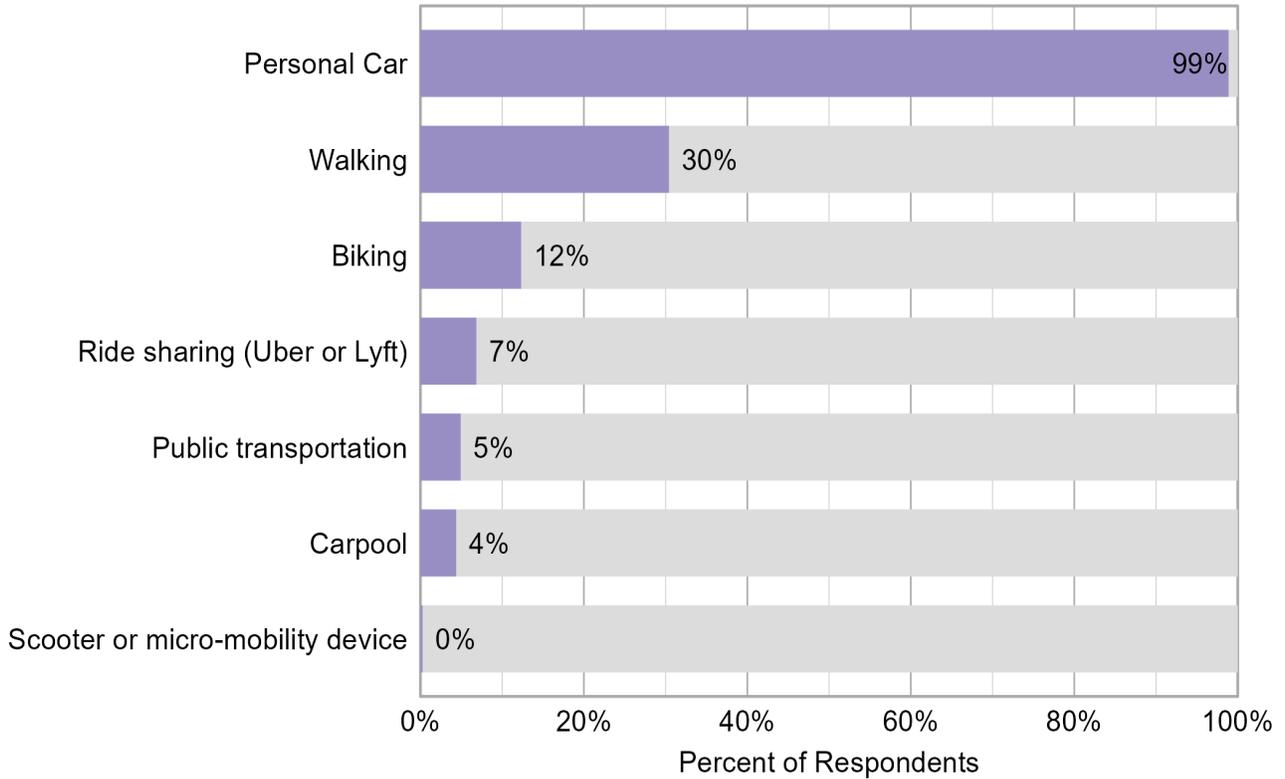
Additionally, the 15% of respondents who rated the pace of economic growth as “too fast” were further asked what aspects of the local economy they feel are growing too quickly in North Salt Lake. Comments centered around the perspective that too much housing is being built with little attention to other development such as stores and infrastructure.

## Transportation in North Salt Lake

Respondents were asked to indicate all of their primary modes of transportation on a regular basis in North Salt Lake. The most popular modes of transportation were **personal car (99%)** and **walking (30%)**.

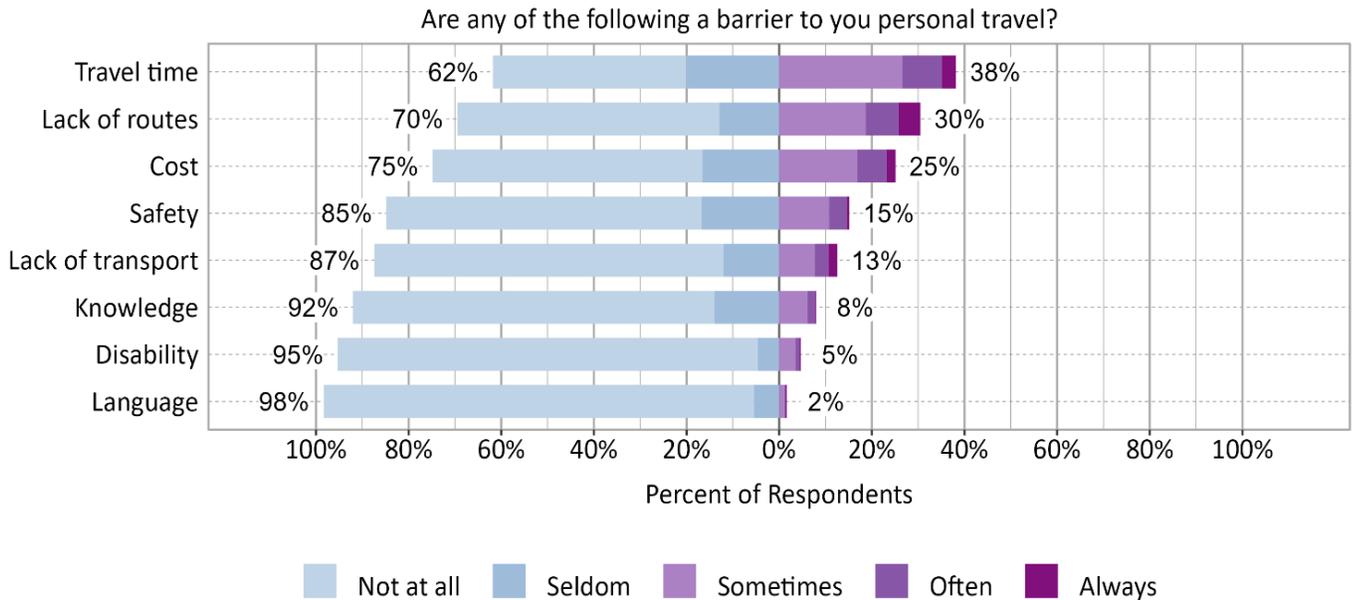
## Primary modes of transportation in North Salt Lake

What are your primary modes of transportation?  
(select all that apply on a regular basis)



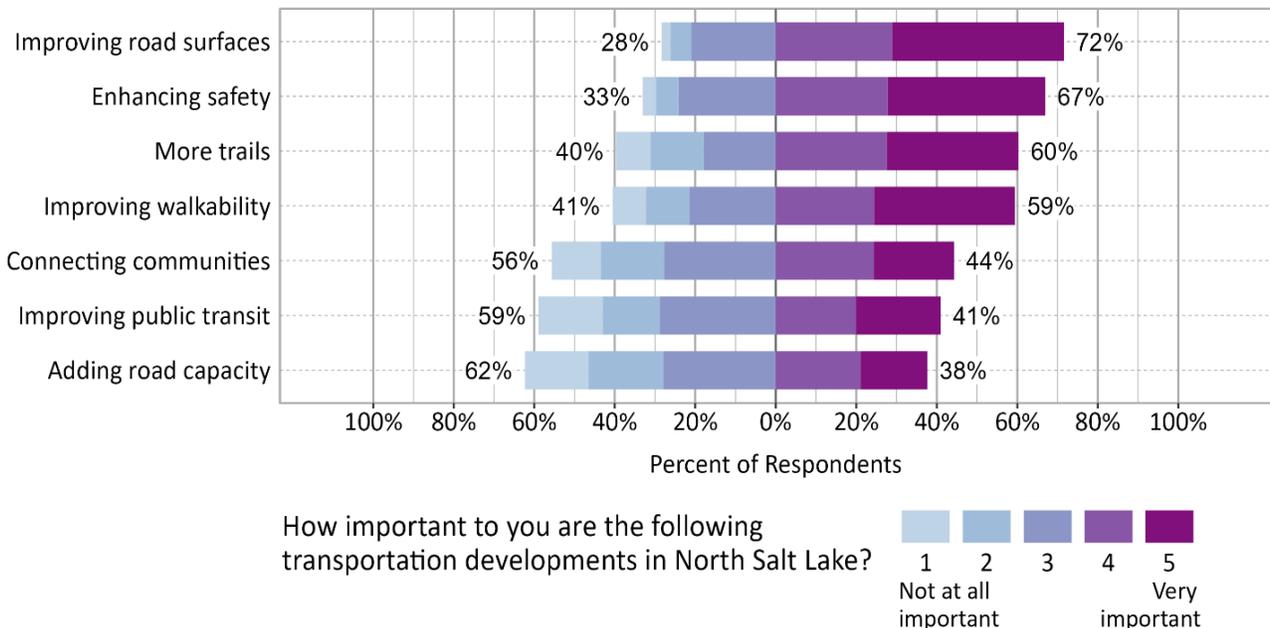
Respondents were asked to indicate the most common barriers to transportation in North Salt Lake. The most problematic barriers were **Travel time (38%)** and **Lack of routes (30%)**.

## Barriers to Personal Travel in North Salt Lake



Respondents were asked to indicate the importance of a set of possible transportation developments in North Salt Lake. The most important development to respondents were **Improving road surfaces (72%)**, **Enhancing safety (67%)**, **More trails (60%)**, and **Improving walkability (59%)**.

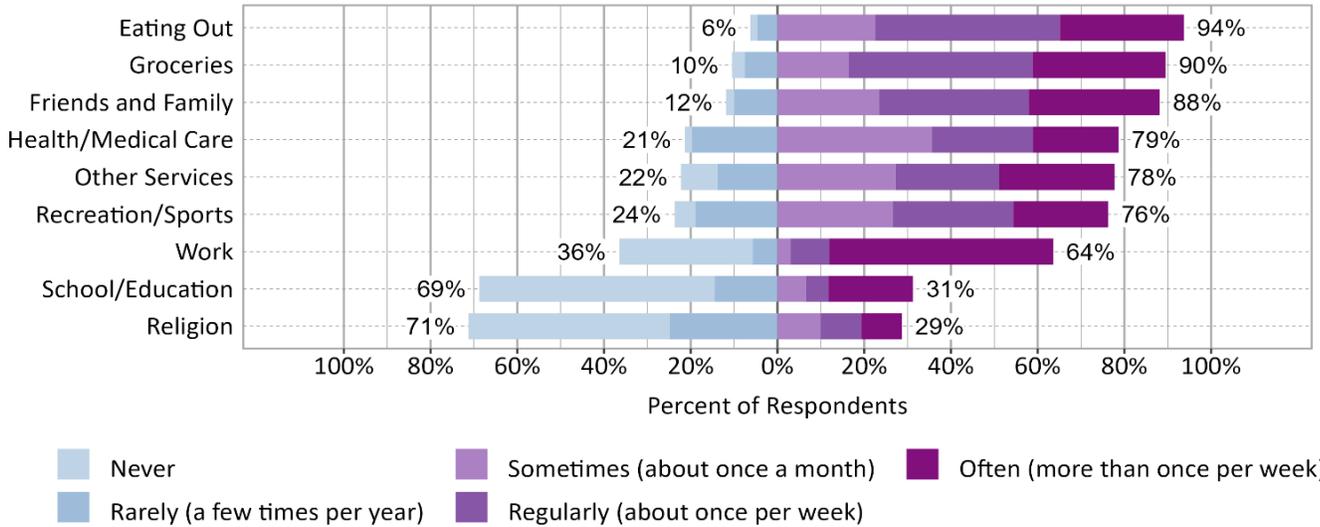
## Possible Transportation Developments in North Salt Lake



Respondents were asked to indicate how frequently various activities take them out of North Salt Lake to another city or town. The most commonly indicated reasons for traveling to another city or town at least sometimes or once a month were **Eating Out (94%)**, **Groceries (90%)**, and **Friends and Family (88%)**.

### Frequency of North Salt Lake Residents Traveling to Other Cities for Various Activities

How frequently do each of these activities take you out of North Salt Lake to another city or town?



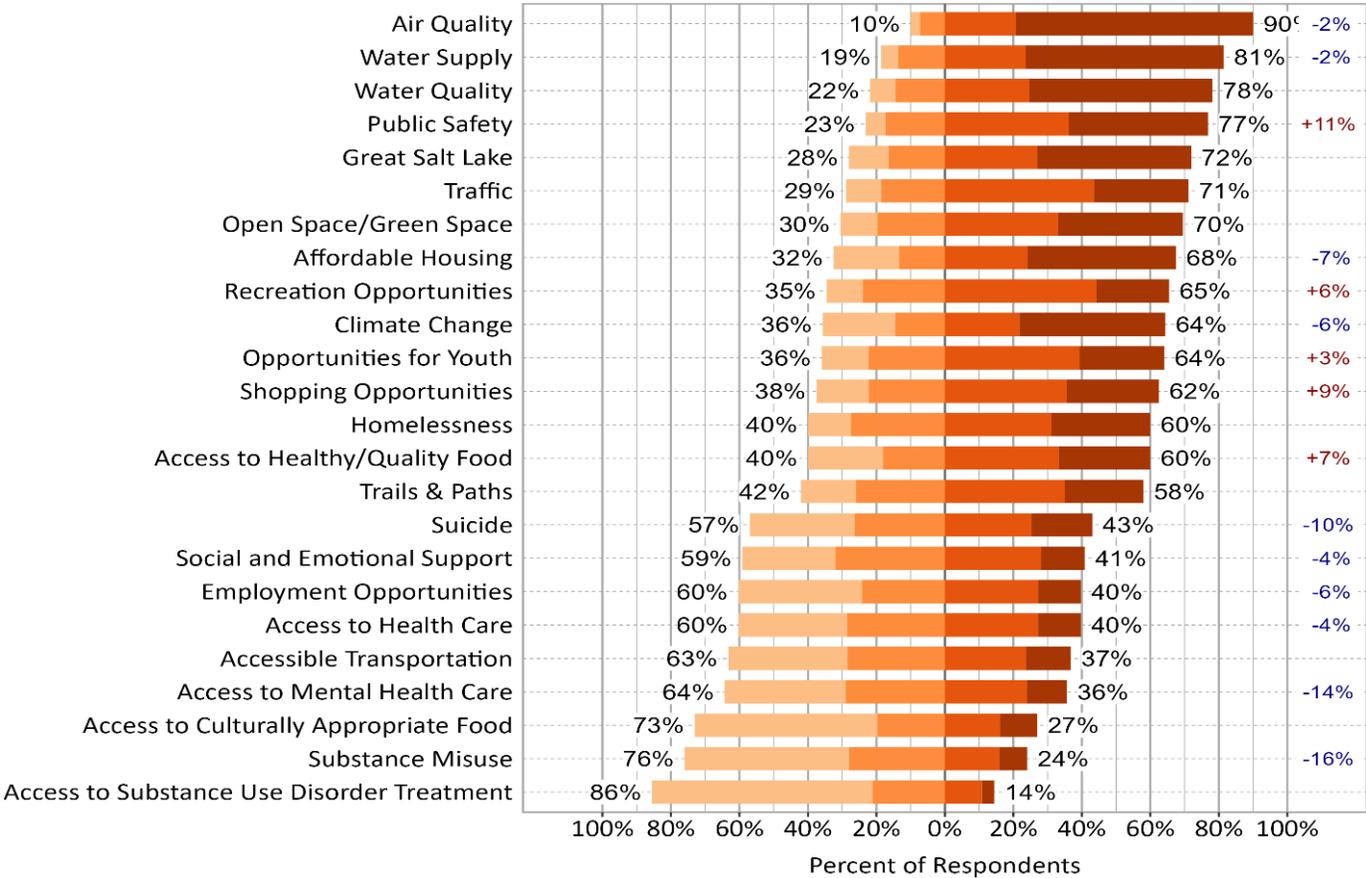
### Concerns in North Salt Lake

Survey respondents indicated the degree to which a number of possible local issues were a concern as they look to the future of North Salt Lake. **Air Quality (90%)**, **Water Supply (81%)**, **Water Quality (78%)**, and **Public Safety (77%)** were the top concerns. Since 2023, moderate or major concern about public safety (+11%) notably increased, while concern about substance misuse (-16%), access to mental health care (-14%), and suicide (-10%) notably decreased.

### Concerns in North Salt Lake

As you look to the future of North Salt Lake, how much of a concern are the following issues?

% change from 2023



### Open Comments

All open comments collected in the survey were shared with city leaders. General observations and themes are shared here.

### What Respondents Value Most in North Salt Lake

Survey respondents were asked to comment on what they value most about North Salt Lake. The most common words and phrases from all city comments are included in the word cloud below. It is possible that negative or unrelated words may appear since these words have been taken out of context, and they may not indicate the respondent’s intended meaning. Many respondent comments expressed value in the location of North Salt Lake, as it is accessible to a

