



# CITY OF NORTH SALT LAKE

## HEALTH AND WELLNESS COMMITTEE MEETING NOTICE & AGENDA

March 10, 2025  
6:30 P.M.

Notice is given that the City of North Salt Lake's Health and Wellness Committee will hold a meeting on **March 10, 2025 at 6:30 p.m.** The meeting will be held in the Council Conference Room on the 2<sup>nd</sup> Floor of City Hall, 10 East Center Street, North Salt Lake, Utah. Some members may participate electronically.

The following items of business will be discussed; the order of business may be changed as time permits.

### AGENDA ITEMS

1. Welcome
2. Citizen Comment
3. Approval of Minutes from February 10, 2025
4. Open and Public Meetings Act Training
5. Discussion on Goals and Priorities of the Committee
6. Discussion on Point in Time Count Report
7. Evaluate How to Promote Ladies of Charity
8. Report on One Kind Act a Day Efforts in the City and Local Schools
9. Review Ideas for Newsletter or Social Media
10. Discussion and Review of Davis County's Community Health Improvement Plan
11. Discussion on Feedback from Other Committees
12. City Council Update
13. Committee Member Business
14. Discussion on Agenda and Schedule Date for Next Meeting
15. Adjourn

**Health & Wellness Committee meetings are open to the public. If you need special accommodation to participate in the meeting, please call (801) 335-8709 with at least 24 hours' notice.**

#### **Notice of Posting:**

I, the duly appointed City Recorder for the City of North Salt Lake, certify that copies of the agenda for the Health & Wellness Committee meeting to be held **March 10, 2025** were posted on the Utah Public Notice Website: <https://www.utah.gov/pmn/>, City's Website: <https://www.nslcity.org>, and at City Hall: 10 E. Center St. NSL.

Date Posted: March 5, 2025

  
Wendy Page, City Recorder



1 CITY OF NORTH SALT LAKE  
2 HEALTH AND WELLNESS COMMITTEE  
3 CITY HALL - 10 EAST CENTER STREET  
4 FEBRUARY 10, 2025

5  
6 **DRAFT**  
7

8 Chair Bennett called the meeting to order at 6:30 p.m.  
9

10 PRESENT: Sam Ball  
11 Mason Bennett, Chair  
12 Jane Hall  
13 Jeff Scroger  
14 Alisa Van Langeveld, City Council  
15

16 EXCUSED: Yemi Arunsi  
17

18 STAFF PRESENT: Ken Leetham, City Manager; Craig Black, Police Chief.  
19

20 OTHERS PRESENT: Nicole Whetstone, resident.  
21

22 1. WELCOME  
23

24 Mason Bennett welcomed the newest member of the Committee, Sam Bell, who then provided a  
25 brief introduction of himself.  
26

27 The Committee had a brief discussion about Mr. Bell's service on the Woods Cross Air Quality  
28 Committee and air quality policies that could be implemented in the City related to alternative  
29 transportation and the refineries.  
30

31 2. CITIZEN COMMENT  
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33 There were no citizen comments.  
34

35 3. APPROVAL OF MINUTES  
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37 The Health and Wellness Committee minutes of January 13, 2025 were reviewed and approved.  
38

39 **Committee Member Bennett moved to approve the minutes of January 13, 2025.**  
40 **Committee Member Scroger seconded the motion. The motion was approved by Committee**  
41 **Members Ball, Bennett, Hall, and Scroger.** Committee Member Arunsi was excused.

42

43 4. DISCUSSION ON GOALS AND PRIORITIES OF THE HEALTH AND WELLNESS  
44 COMMITTEE FOR 2025

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46 Ken Leetham shared the goals and priorities from 2024. The Committee reviewed and  
47 determined that the following would be continued or added for 2025:

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- 49 • Promote and host no less than two classes per year in conjunction with CTC Coalition
- 50 • Quarterly outreach publication to residents (City newsletter, social media, separate  
51 newsletter)
- 52 • Highlight of a trail with coordinating event three to four times per year (Strava app)
- 53 • Goal related to air quality (social media)
- 54 • Social media/newsletter items related to CERT training
- 55 • Highlight outdoor amenity activities and events (newsletter)
- 56 • Share results from 2024 wellness survey by USU (newsletter)
- 57 • Explore “Health in All” policies in City ordinances, plans, and policies
- 58 • Work with other City boards/committees on food drives & support food pantries
- 59 • Explore resources for/plans to address homelessness and housing stability (programs)
- 60 • Creation of resource document related to obtaining access to food, clothing, etc. for  
61 homeless, also hygiene kits
- 62 • Creation of resource document related to addiction recovery for City’s website and at  
63 events (linked from County resources)
- 64 • Coordinate with other committees/boards to solicit feedback, share recommendations
- 65 • Wellness Fair/Night Out Against Crime event

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67 5. UPDATE ON PANTRY PACK/HYGIENE KIT

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69 Chief Black reported that the items requested were items such as socks and underwear. He  
70 suggested having these ready for fall with 20-30 packs. He questioned if the Committee wanted  
71 to partner with the County to provide supplies for individuals associated with Code Blue or  
72 something similar. He said the police department generally interacted with one to two individuals  
73 per week.

74

75 Councilmember Van Langeveld mentioned that a local HOA was interested in collecting items  
76 for the pantry packs/hygiene kits. Chief Black replied that he would send a list to the Committee

77 and mentioned that requested items included personal hygiene, clothing, emergency blankets,  
78 etc. He said the police officers would keep a kit in every car and any extra supplies could be  
79 donated to the Code Blue shelters or Center for Hope.

80

81 6. BRAINSTORM AND CREATE IDEAS FOR NEWSLETTER

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83 The Committee discussed creating a Health and Wellness newsletter (digital or printed) as well  
84 as sharing information via social media and having a section of the City newsletter. They  
85 determined newsletter topics could include: events (health fair, trails, classes), a Committee  
86 introduction and goals, CERT/emergency prep, USU wellness survey, outdoor amenities, air  
87 quality, etc.

88

89 Councilmember Van Langeveld mentioned a goal related to air quality and suggested  
90 information in the newsletter, policy ideas for the City Council, and share concepts and lobby the  
91 legislature.

92

93 The Committee discussed related items to air quality including refineries, gravel pits, and other  
94 pollution.

95

96 7. DISCUSSION ON POINT IN TIME COUNT REPORT

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98 Councilmember Van Langeveld commented that the Point in Time count occurred last week. She  
99 said the Code Blue shelter in Davis County was accepting volunteers on a Code Blue day of  
100 event. She noted that the shifts were three and a half hours long and started at 8 p.m., 11;30 a.m.,  
101 and 3;30 a.m. and would share the contact information with the Committee.

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103 8. CITY COUNCIL UPDATE

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105 Councilmember Van Langeveld reported that the City Council passed a resolution amending the  
106 bylaws of the Health and Wellness Committee to change the length of service, which was by  
107 appointment, to a four year term. She then mentioned that UTA would resume bus service in the  
108 Foxboro area but spoke on her disappointment with the proposed route. She shared that there  
109 would be a UTA Board meeting this week that she would be attending to voice her concern.

110

111 9. COMMITTEE MEMBER BUSINESS

112

113 Jane Hall commented that she would be resigning from the Committee.

114

115 Ken Leetham commented that members of the public could be invited to attend and contribute to  
116 the Committee meetings.

117  
118 Jeff Scroger mentioned that he was working with the Ladies of Charity to have their information  
119 (donation, volunteers, website) available at events.

120  
121 10. DISCUSSION AND REVIEW OF DAVIS COUNTY'S COMMUNITY HEALTH  
122 IMPROVEMENT PLAN

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124 Councilmember Van Langeveld reported that the Committee would be added to the County email  
125 list and would receive a copy of the report to review. She spoke on partnering with this  
126 organization and aligning goals. She mentioned The Kindness Summit on April 11<sup>th</sup> at the  
127 University of Utah and invited Committee members to attend.

128  
129 11. DISCUSSION ON AGENDA AND SCHEDULE DATE FOR NEXT MEETING

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131 The Committee determined that the next meeting would be held on March 10<sup>th</sup>. The following  
132 agenda items were discussed:

- 133
- 134 • Citizen comment
  - 135 • Approval of minutes
  - 136 • Discussion on goals and priorities of the Committee
  - 137 • Review ideas for newsletter or social media
  - 138 • Evaluate how to promote Ladies of Charity
  - 139 • Discussion and review of Davis County's Community Health Improvement Plan
  - 140 • Discussion on Point in Time Count report
  - 141 • Presentation for One Kind Act a Day (Mason Bennett)
  - 142 • Discussion on feedback from other committees
  - 143 • City Council update
  - 144 • Committee member business
  - 145 • Discussion on agenda and schedule date for next meeting

146  
147 12. ADJOURN

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149 The meeting was adjourned at 7:51 p.m.

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152 *The foregoing was approved by the Health and Wellness Committee of the City of North Salt*  
153 *Lake on March 10, 2025 by unanimous vote of all members present.*

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157 *Wendy Page, City Recorder*