



# CITY OF NORTH SALT LAKE

## HEALTH AND WELLNESS COMMITTEE MEETING NOTICE & AGENDA

November 18, 2024  
6:30 P.M.

Notice is given that the City of North Salt Lake's Health and Wellness Committee will hold a meeting on **November 18, 2024 at 6:30 p.m.** The meeting will be held in the Council Conference Room on the 2<sup>nd</sup> Floor of City Hall, 10 East Center Street, North Salt Lake, Utah. Some members may participate electronically.

The following items of business will be discussed; the order of business may be changed as time permits.

### AGENDA ITEMS

1. Welcome
2. Citizen Comment
3. Approval of Minutes from September 9, 2024
4. Recap of Latino Heritage Event
5. Review of the Connected Communities Conference
6. Discussion on Pantry Pack/Hygiene Kit
7. Discussion on Potential Food Drive with City's Winterfest Event
8. Discussion on Feedback from Other Committees
9. City Council Update
10. Committee Member Business
11. Discussion on Agenda and Schedule for Next Meeting
12. Adjourn

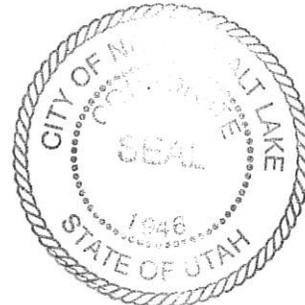
**Health & Wellness Committee meetings are open to the public. If you need special accommodation to participate in the meeting, please call (801) 335-8709 with at least 24 hours' notice.**

#### **Notice of Posting:**

I, the duly appointed City Recorder for the City of North Salt Lake, certify that copies of the agenda for the Health & Wellness Committee meeting to be held **November 18, 2024** were posted on the Utah Public Notice Website: <https://www.utah.gov/pmn/>, City's Website: <https://www.nslcity.org>, and at City Hall: 10 E. Center St. NSL.

Date Posted: November 14, 2024

  
Wendy Page, City Recorder



1 CITY OF NORTH SALT LAKE  
2 HEALTH AND WELLNESS COMMITTEE  
3 ANCHOR LOCATION: CITY HALL  
4 10 EAST CENTER STREET, NORTH SALT LAKE  
5 SEPTEMBER 9, 2024  
6

7 **DRAFT**  
8

9 Chair Welsh called the meeting to order at 6:30 p.m.  
10

11 PRESENT: Mason Bennett, Vice Chair  
12 Jeff Scroger  
13 Janet Welsh, Chair  
14 Alisa Van Langeveld, City Council  
15

16 EXCUSED: Jane Hall  
17 Corey Markisich  
18

19 STAFF PRESENT: Ken Leetham, City Manager; Linda Horrocks, Communications Coordinator.  
20

21 OTHERS PRESENT: Mary Ellen Dworshak, Gene Chidester, Nancy Andes, Renee Hollinger,  
22 Ladies of Charity/The Center of Hope.  
23

24 1. WELCOME  
25

26 Chair Welsh welcomed and provided a list of those present.  
27

28 2. CITIZEN COMMENT  
29

30 There were no citizen comments.  
31

32 3. APPROVAL OF MINUTES  
33

34 The Health and Wellness Committee minutes of August 12, 2024 were reviewed and approved.  
35

36 **Committee Member Scroger moved to approve the minutes of August 12, 2024. Committee**  
37 **Member Bennett seconded the motion. The motion was approved by Committee Members**  
38 **Bennett, Scroger, and Welsh.** Committee Members Hall and Markisich were excused.  
39

40 4. PRESENTATION AND INTRODUCTIONS TO LADIES OF CHARITY  
41

42 Chair Welsh asked the Ladies of Charity to provide information on their mission, resources,  
43 availability, and City support.

44 Mary Ellen Dworshak, Ladies of Charity, mentioned that they were located at 74 South Orchard  
45 Drive. She commented that they served 2,500 clients per month and shared some resources with  
46 the Bountiful Food Pantry. She said the organization was run by volunteers and helped anyone  
47 who requested aid. She commented that they tried to provide healthy options such as milk, eggs,  
48 cheese, and fruit. She shared they were a 501-3C non-profit and received food and funding from  
49 the Utah Food Bank, grants or donations from the LDS Church, Catholic Community Services,  
50 Performance Auto, and several other individual or business donors.

51  
52 Mary Ellen Dworshak shared the availability of the facility and the needs including flour, sugar,  
53 oil, pasta, canned meat, soup, cereal, diapers, wipes, and personal hygiene products.

54  
55 Renee Hollinger, Ladies of Charity, commented that the majority of individuals who utilized the  
56 facility were employed. She said personal hygiene products such as diapers, toilet paper,  
57 toothpaste, etc. could not be purchased with food stamps so they tried to have those items  
58 available.

59  
60 Mary Ellen Dworshak introduced Renee Hollinger who ran the food distribution, Nancy Andes  
61 as the current president, and Gene Chidester as a member of the advisory board. She spoke on a  
62 food drive at Orchard Elementary and the donation of over 500 boxes of cereal. She commented  
63 that they would hold another food drive and several fundraisers. She shared several challenges  
64 including increasing demand, need for vehicle to collect supplies, awareness of facility, and need  
65 for donations/resources.

66  
67 Linda Horrocks mentioned the Center of Hope also provided a thrift store. Mary Ellen Dworshak  
68 said the thrift store had items for sale as well as donations for those in need.

69  
70 Renee Hollinger commented that the thrift store was connected to the food bank and the goal was  
71 to provide a separate thrift shop facility in the future. She said they generally gave the coats,  
72 jackets, sweatshirts, or gloves away for free in the winter season.

73  
74 The Ladies of Charity spoke on limits per individual, available food items including frozen  
75 foods, meats, donations, and frozen/refrigerated food storage capabilities at the facility.

76  
77 Mary Ellen Dworshak commented that they had one year building lease and spoke on the need  
78 for a new facility. Renee Hollinger said they had saved funds for a new location and currently  
79 received monthly donations from Performance Auto for rent but were actively looking for a new  
80 location close to UTA transportation.

81  
82 Ken Leetham mentioned that staff was aware of the general situation of the buildings in town  
83 and could review those to see if any would be a suitable fit.

84

85 Councilmember Van Langeveld questioned if individuals were utilizing both the Bountiful Food  
86 Pantry and the Center of Hope. Renee Hollinger replied that individuals were only supposed to  
87 utilize one facility at a time. She shared that 50% of the clientele was from the City or Bountiful  
88 while 50% were from the Rose Park or West Valley area.

89  
90 Councilmember Van Langeveld then asked how many individuals may be unhoused. Renee  
91 Hollinger commented that there were families and individuals who utilized the facility that lived  
92 in their cars or previously along Victory Road. She said they currently recorded all of the  
93 statistics by hand. She mentioned a volunteer from Communities United provided housing  
94 information and other resources to those who utilized the facility.

95  
96 Nancy Andes spoke on the difficulties faced by those who did not speak English and the need for  
97 Spanish speaking volunteers. She mentioned the Ladies of Chairity utilized Just Serve to seek  
98 volunteers to aid and serve in the food bank and thrift store.

99  
100 Mary Ellen Dworshak shared that the Ladies of Charity was organized over 20 years ago by the  
101 Daughters of Charity of St. Vincent de Paul convent. The original temporary food pantry then  
102 expanded into the Center of Hope Food Pantry in the City.

103  
104 Janet Welsh mentioned that she would reach out to a commercial refrigeration contact. Mason  
105 Bennett asked about volunteer opportunities. Mary Ellen Dworshak said the minimum age for  
106 volunteers was 14 years old with parent supervision and included helping clients shop or take  
107 food out to their cars, hand out hygiene products, or assist in the thrift store. Gene Chidester  
108 commented that someone with a larger vehicle could also assist with the Costco pickup on  
109 Saturdays.

110  
111 Ken Leetham asked what the City could do to help. The Ladies of Charity asked for help with  
112 advertising for volunteers and need for resources, community/school involvement, food and  
113 clothing drives, and promotion of The Center of Hope as a community resource.

114  
115 **5. REVIEW AND DISCUSSION ON HOMELESSNESS**

116  
117 Councilmember Van Langeveld spoke on creating a web of resources including support for  
118 housing, food, pantry packs/hygiene kits for the homeless that could be distributed by the police  
119 department. Ken Leetham commented that he was also working with Chief Black on filling in  
120 the gaps such as temporary housing and other resources.

121  
122 **6. DISCUSSION ON UTAH FOSTER CARE**

123  
124 Councilmember Van Langeveld commented that Utah Foster Care would be attending the Latino  
125 Heritage event. She explained that the City was part of the Ogden Foster Care office.

126

127 7. DISCUSSION OF BETTER PROMOTION OF RESOURCES AT CITY EVENTS

128  
129 The Committee discussed the promotion of resources, such as The Center of Hope, and hosting  
130 fundraisers at City events. Councilmember Van Langeveld mentioned she would invite The  
131 Center of Hope to set up a booth at the upcoming Latino Heritage event.

132  
133 8. DISCUSSION OF UPCOMING EVENTS

134  
135 The Committee discussed the upcoming Latino Heritage event with participating Davis County  
136 Health Department and other resources, Latinos in Action, and performances. They then spoke  
137 on the need for a committee or volunteer to run the cultural events in the future or to discontinue  
138 the event.

139  
140 9. DISCUSSION ON FEEDBACK FROM OTHER COMMITTEES

141  
142 The Committee had nothing to report.

143  
144 10. CITY COUNCIL UPDATE

145  
146 Councilmember Van Langeveld commented on the City Council Resolution and discussion  
147 related to the homeless shelter location. Ken Leetham mentioned that there was a task force  
148 (which included city mayors) and a local homelessness council (which included resource  
149 providers).

150  
151 11. COMMITTEE MEMBER BUSINESS

152  
153 Ken Leetham commented that he had made the offer to Issa related to the use of City Hall for  
154 Davis County Health Department needs. He also mentioned that he had spoken to Davis County  
155 Commissioner Kamalu about the potential for a community building in Hatch Park and potential  
156 office space.

157  
158 Chair Welsh spoke on a waterline break that affected a large portion of north Foxboro and the  
159 lack of communication. Linda Horrocks commented that staff was updating the utility software  
160 to help notify residents through text notification when the water was off.

161  
162 Councilmember Van Langeveld mentioned the Connected Communities Conference and invited  
163 the Committee members to attend.

164  
165 12. DISCUSSION ON AGENDA AND SCHEDULE FOR NEXT MEETING

166  
167 The Committee agreed not to hold a meeting in October and asked that the following items be on  
168 the November agenda:

169

- 170 1) Follow up on Latino Heritage  
171 2) Review Connected Communities Conference  
172 3) Discussion on pantry pack/hygiene kit  
173 4) Discussion on potential food drive (Winterfest)

174

175 13. ADJOURN

176

177 The meeting was adjourned at 8:17 p.m.

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179 *The foregoing was approved by the Health and Wellness Committee of the City of North Salt*  
180 *Lake on November 18, 2024 by unanimous vote of all members present.*

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184 \_\_\_\_\_  
*Wendy Page, City Recorder*