



20th Annual NSL 5K

Saturday July 1, 2017

7:00 a.m.

NSL Legacy Park

1120 W 1100 N

North Salt Lake, Utah

Registration Fees:

\$20 (includes tech shirt)

Shirt Sizes - YS, XS, S, M, L, XL, XXL

\$35.00 for Family (immediate family only with no shirts)

Kids 1K – Free with other paying participants

Come Join the City in Celebrating Independence Day and exercise with your family and friends!

Register online at www.active.com, in person at City Hall, 10 E Center Street, North Salt Lake, or by mailing the entry form and check payable to:

NSL City
C/O NSL 5k
10 East Center Street
NSL, Utah 84054

By signature, I attest that I am physically fit and sufficiently trained to participate in this event. There will be minimal medical assistance. I have full knowledge of the risks involved. I further acknowledge that the race course may contain uneven surface conditions, including but not limited to potholes, curbs, sewer covers and tree roots, which may create a risk. I further acknowledge that most of the race course is on public roads and that vehicular traffic may be encountered, and I accept these risks. Therefore, in consideration of the acceptance of my entry, I for myself, my heirs, my executors and administrators waive any and all rights and claims for damages that I may have against *NSL City*, race sponsors, and any individual associated with this event and will hold them harmless for any and all injuries I may suffer in conjunction with this event.

Event Entered: Run: Walk: Family: Shirt: Sex: Age (on race day):

Last Name:

First Name: MI:

Address:

City: State:

Zip Code: Telephone Number: () - Shirt Size: (XXL, XL, L, M, S, XS, YS)

Email Address:

Age Categories

(Please Circle One)

10 and Under
11 - 14
15 - 19
20 - 24
25 - 29
30 - 34
35 - 39
40 - 44
45 - 49
50 - 54
55 - 59
60 - 64
65 - 69
70 and over

Signature _____
Parent's Signature _____
(If Under 18) _____

Staff Use Only:	
Paid:	Race #
Y N	<input type="text"/>